

## Spread Your Wings

48 Count, 4 Wall, Intermediate

Choreographer: Katie Terrett (UK) Oct 2012

Choreographed to: Wings by Little Mix

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### Start on the Vocals 'Mama'

**SECTION 1: Walk. Walk. Kick, Step Back, Touch. Hip Bumps. Coaster Step.**

- 1-2 Walk forward Right, Left.  
3&4 Kick R forward. Step back R. Touch L forward.  
5&6 Bump L hip forward, Bump R hip back. Bump L hip forward.  
(Optional Shoulder Movements)  
7&8 L Coaster Step.

**SECTION 2: Forward Mambo. Sweep Back, Anchor Sweep Back. Sailor Step. Sailor ¼ Turn.**

- 1&2 Rock R forward. Recover L (&) Sweep R back.  
3&4 Step R behind L rocking back R, recover L, Step back R, Sweeping L back.  
5&6 L Sailor Step. (Step L behind R. Side R. Stomp L to L Side)  
7&8 R Sailor ¼ Turn R. (Step R behind L, Turn ¼ R Side L, Stomp R to R Side)

**SECTION 3: Stomp, Stomp Slide (x2) Behind Side, Cross Shuffle.**

- 1&2 Stomp L. Stomp R (on the spot) Slide L to L Side. (3.00)  
3&4 Stomp R. Stomp L (on the spot) Slide R to R Side.  
5-6 Step L behind R. Step R to R side.  
7&8 Cross L over R, Side R, Cross L over R.

**SECTION 4: Side Rock R Turn ¼ L Step R forward. Point Hitch Cross. Toe Heel Stomp. Side Rock Cross**

- 1&2 Rock R to the R Side turning ¼ L with weight. Step R forward (12.00)  
3&4 Point L Hitch L Cross L.  
5&6 Touch R Toe next to L. Dig R Heel forward, Stomp R forward.  
7&8 L Side Rock recover R (&) Cross L.

**SECTION 5: Full Turn Paddle (anti-clockwise). Turn ½. Back Rock.**

- &1&2 Ball step R ¼ Turn L. Step L forward (9.00) Ball step R ¼ Turn L. Step L forward (6.00)  
&3&4 Ball step R ¼ Turn L. Step L forward (3.00) Ball R ¼ Turn L. Step L forward (12.00)  
Optional Arm Movements- Arms out to the side like flying. R arm up, L arm down.  
5-6 Step R forward, Turn ½ stepping back on L. (6.00)  
7-8 Back Rock R, Recover L.

**SECTION 6: Jazz Box. Turn ¼ Back Lock Back. Turn ½ Shuffle L.**

- 1-2 Kicking R cross R over L. (Drop weight down) Step L Back.  
3-4 Step R to R side, Cross L over R.  
5&6 Turn ¼ L, Stepping R back, lock L, back R. (3.00)  
7&8 Turn ½ L shuffling LRL. (9.00)

**RESTART: During Wall 2 after Section 4. (9.00)**

(After the rock &amp; cross)

**During Wall 8 after Section 2. (3.00)**(After Sailor ¼ Turn R. Add Touch R)**TAG: During Wall 4 after Section 2. Add 8 Count Tag. (9.00)**

- 1-2 Walk L, R.  
3&4 Forward Mambo L. Recover R. Step L back.  
5&6 Back Mambo R. Recover L. Step R forward.  
7&8& L Out, R Out. L in. Touch R next to L with Clap.

**ENDING: During Section 6 Count 48. Replace with ¼ Turn L side chasse Slide L. Spread your wings/ arms out to the side. (12.00)**