

Speed Stick

BEGINNER 40 Count Choreographed by: John Bailey Choreographed to: Mari-Mac by Great Big Sea

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HEEL, SCOOT & HITCH

- 1 & Touch right heel forward, hitch right knee & scoot forward with left
- 2 & Touch right heel forward, hitch right knee & scoot forward with left
- 3 & 4 Touch right heel forward, step down on right, stomp left beside right (no weight)

SYNCOPATED WEAVE

- 5 6 Step out to the left with left foot, bring right behind
- & 7 Step out to the left with left foot, bring right across left
- & 8 Step left beside right, stomp right beside left (no weight)

SHUFFLE, WALK, SCUFF, SCOOT, STEP, SHUFFLE (WHEW!)

- 9 & 10 Shuffle forward with right (rt, lt, rt)
- 11 12Walk forward with left, then right
- 13 & 14 Scuff left heel forward, hitch left knee & scoot back on right, step back with left
- 15 & 16 Shuffle back with right

TOE TOUCHES & SCOOTS

- 17 & Touch left toe back, scoot back on right leg
- 18 & Touch left toe back, scoot back on right leg
- 19 & Touch left toe back, scoot back on right leg
- 20 Bring left beside right

SYNCOPATED WEAVE

- 21 22 Step out to the right with right foot, bring left behind
- & 23 Step out to the right with right foot, bring left across right
- & 24 Step out to the right with right foot, stomp left beside (no weight)

SHUFFLE, WALK, SCUFF, SCOOT, STEP, SHUFFLE WITH 14 TURN (YIKES!)

- 25 & 26 Shuffle forward with left (lt, rt, lt)
- 27 28 Walk forward with right, then left
- 29 & 30 Scuff right heel forward, hitch right knee & scoot forward on left foot, step forward with right
- 31 & 32 Shuffle in place with left, right, left making a 14 turn right

FUNKY HOEDOWN!

- 33 & Touch right heel forward, hitch right leg (toe pointing behind & down leg bent at knee) & hop slightly forward on left
- 34 & Touch ball of right foot back, hitch right leg & hop slightly back on left
- 35 & 36
 37 & Touch right heel forward, step down on right foot & hitch left knee, touch ball of left foot beside right
 37 & Touch left heel forward, hitch left leg (leg bent toe pointing behind & down) & hop slightly forward on right
- 38 & Touch ball of left foot back, hitch left leg & hop slightly back on right
- 39 & 40 Touch left heel forward, step down on left foot & hitch right knee, touch the ball of right foot beside left

REPEAT

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