

HEEL TOUCHES

- 1 Touch right heel forward
- 2 Return right next to left
- 3 Touch left heel forward
- 4 Return left next to right
- 5 Touch right heel forward
- 6 Return right next to left
- 7 Touch left heel forward
- 8 Return next to right

PIVOT

- 9 Pivot 1/4 turn left on left foot, stomping right next to left at the same time
- 10 Pivot 1/4 turn back to front
- 11 - 12 Hold for two beats
- 13 - 16 Repeat steps 9-12

HEEL TOUCHES

- 17 Touch right heel forward
- 18 Return right next to left
- 19 Touch left heel forward
- 20 Return left next to right
- 21 Touch right heel forward
- 22 Return right next to left
- 23 Touch left heel forward
- 24 Return next to right

PIVOT

- 25 Pivot 1/4 to the left on left foot, stomping right next to left at the same time
- 26 - 28 Hold 3 beats

REPEAT

VARIATION: Some dancers substitute scissors splits (i.e.: when front heel goes forward, Left toe goes back, etc.) for steps 1-8.