

- 1 Left foot step forward (side by side)
- 2 Right foot step forward
- 3 Left foot step forward
- 4 Right foot hitch
- 5 Right foot step back
- 6 Left foot step back
- 7 Right foot step back (1/4 turn to right)
- 8 Left leg hitch to lady's right
- 9 Left foot step to left and hip bump
- 10 Left hip bump
- 11 Right hip bump
- 12 Right hip bump

/Hip dip and gyrate during counts 13-16

- 13 Left hip bump
- 14 Right hip bump
- 15 Left hip bump
- 16 Right hip bump
- 17 Left foot step to left
- 18 Right foot cross behind left
- 19 Left foot step left (1/4 turn left)
- 20 Right foot scuff forward
- 21 Right heel touch forward
- 22 Right foot cross in front of left shin
- 23 Right heel touch forward
- 24 Right toe touch beside left
- 25 Right foot step to right
- 26 Left foot cross behind right
- 27 Right foot step to right
- 28 Left foot kick forward
- 29 Left foot step left (1/3 turn left)
- 30 Right foot step left (1/3 turn left)
- 31 Left foot step left (1/3 turn left)
- 32 Right foot kick forward
- 33 Right foot step beside left
- 34 Left foot stomp
- 35 Left foot raise to touch lady's right
- 36 Left foot touch beside right
- 37 - 44 Four shuffles starting on left

REPEAT
