

Southern Grits

32 Count, Wall, Intermediate

Choreographer: Donna Manning (USA) Sept 2012

Choreographed to: Grits by Brantley Gilbert

16 count intro

L Back Triple, R Back Triple, Syncopated Rocks, Step Forward

- 1 & 2 Step L back, close ball of R to L instep, Step back on L
3 & 4 Step back on R, close ball of L to R instep, Step back on R
5 & 6 Rock back on L, Recover to R, Rock Forward on L,
&7& Recover to R, Rock Back on L, Recover to R
8 Step Forward on L (12:00)

R Forward Triple, L Forward Triple, Syncopated Rocks, ¼ Turn L, Cross

- 1 & 2 Step R Forward, close ball of L to R instep, Step Forward on R
3 & 4 Step Forward on L, close ball of R to L instep, Step Forward on L
5 & 6 & Rock Forward on R, Recover To L, Rock back on R, Recover To L
7 & 8 Step Forward on R, Make ¼ Turn L taking weight to L, Cross R over L (9:00)

****Restarts are here walls 2, 4, 6, & 8 – add an & count and touch L behind R – start over****

¼ Turn R, ¼ Turn R, Cross, Side, ¼ Turn L, ¼ Turn L, ½ turn Left Sailor Cross, Voltas

- 1 & 2 ¼ Turn R Stepping back on L, ¼ Turn R Stepping R To Side, Cross L over R
3 & 4 Step R to Side, ¼ Turn L Stepping L to Side, ¼ Turn L Stepping R To Side
5 & 6 Step L behind R Turning ½ turn L on the ball of L, Step R to R side, Cross L over R angled towards 4:00
&7&8 Ball of R to R Side, Cross L over R, Ball of R to R Side, Cross L over R - angled towards 4:00 (3:00)

Touch, Touch, Step, Back Rock & Step, Side Rock, Cross, Side, Half Turn R, Rock Recover

- 1 & 2 Touch R to Side, Touch R to L Instep, Step R to Side drag L in changing angle to 1:00
3 & 4 Staying angled @ 1:00 Back Rock L, Recover To R, Step Forward on L
5 & 6 R Side Rock, Recover To L (straighten up to 12:00), Cross R over L
7&8& Step L to Side, ½ Turn R Stepping forward on R, Rock Forward on L, Recover to R (6:00)

*****4 count TAG –after wall 1**

1st 4 counts of dance, L Back Triple and R Back Triple – happens only 1 time!***

4 Restarts beginning with wall 2, 4, 6, & 8 (same place – 16 counts into dance).

This will change your walls each time. So, it is, in reality a 4 wall dance.

Music driven! Don't let these scare you!