

Barefoot And Buckwild!

(a.k.a. Hey Hey Hey)

32 Count, 4 Wall, Improver

Choreographer: Earleen Wolford (USA) Aug 2013

Choreographed to: Barefoot & Buckwild by Lauren Alaina;

Blurred Lines by Robin Thicke Feat. T.I. & Pharrell;

Baby Rocks by Phil Vassar

Intro: 32

WALK FORWARD, RIGHT C BUMP UP, C BUMP DOWN TURN ¼ LEFT, LEFT BALL STEP, TURN ½ LEFT, TURN ¼ LEFT

1-2 Step right forward, step left forward

3-4 Hip right (up & out to right), turn ¼ left and hip down (weight to right, siting back)

&5-6 Step left together, step right forward, turn ½ left (weight to left)

7-8 Step right forward, turn ¼ left (weight to left) (12:00)

Restart happens here on 4th wall (at 9:00) & 7th wall (at 6:00), do 8 counts, restart from the top of dance

OUT OUT FORWARD, SHAKE HIPS 4X, OUT OUT BACK PUSHING HIPS BACK & PUSHING ARMS FORWARD, PULL HIPS FORWARD, OUT OUT BACK PUSHING HIPS BACK & PUSHING ARMS FORWARD, PULL HIPS FORWARD

&1 Step right diagonally forward and hip right, step left side and hip left (weight to left)

2-3-4 Hold for 3 counts (shake hips in place)

&5-6 Step right diagonally back, step left side, hip forward

Bring arms & hands to hips

&7-8 Step right diagonally back, step left side, hip forward (weight to left)

Bring arms & hands to hips

STEP RIGHT SIDE, LEFT HEEL TOUCH, STEP LEFT DOWN, HOLD, RIGHT BALL STEP, CROSS LEFT OVER, HOLD, RIGHT BALL STEP, CROSS LEFT OVER, POINT RIGHT

1-2& Step right slightly side, touch left heel diagonally forward, step left together

3-4& Touch right heel diagonally forward, hold, step right together

5-6& Cross left over, hold, step right together

7-8 Cross left over, touch right side

CROSSING CHASSÉ RIGHT-LEFT-RIGHT, STEP LEFT TURN ¼ LEFT, STEP RIGHT FORWARD, HOLD, TURN ½ LEFT QUICK STEP (LEFT/RIGHT/LEFT)

1-2 Cross right over (bend knees), step left side (straighten knees)

3-4 Cross right over (bend knees), turn ¼ left and step left forward (9:00)

While doing counts 1-2-3, get funky and shake shoulders up & down while doing these steps

5-6 Step right forward, hold

7&8 Turn ¼ left and step left forward, step right forward, turn ¼ left and step left forward (3:00)

RESTART

When dancing to "Barefoot & Buckwild" by Lauren Alaina, restart after count 8 on walls 4 and 7
