

## Souled Out

32 Count, 4 Wall, Intermediate

Choreographer: Kim Ray (UK) April 2009

Choreographed to: It's Alright by Seal, CD: Soul

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- STEP TOUCH, STEP KICK, STEP BACK, COASTER STEP, STEP FORWARD**
- 1-2 Step right to right side, touch left toe to left side facing left diagonal  
3-4 Step left in place, kick right forward  
5 Step back on right  
6&7 Step back on left, step right next to left, step forward on left  
8 Step forward on right
- SHUFFLE FORWARD, STEP FORWARD, ¼ PIVOT TURNS LEFT X 2, ROCK/RECOVER**
- 9&10 Step forward on left, step right beside left, step forward on left  
11-12 Step forward on right, ¼ pivot turn left  
13-14 Step forward on right, ¼ pivot turn left  
15-16 Rock forward on right, recover back on left
- TRIPLE ¾ TURN RIGHT, ROCK/RECOVER, FULL TURN, STEP FORWARD, HOLD**
- 17&18 On the spot ¾ triple turn right, stepping right, left, right  
19-20 Rock forward on left, recover back on right  
21&22 Full triple turn left, stepping left, right left (non turning option: coaster step)  
23-24 Step forward on right, hold
- BALL STEP, ROCK/RECOVER, COASTER CROSS, ¼ TURN LEFT, ½ TURN LEFT, ¼ TURN LEFT, TOGETHER**
- &25 Step left next to right,  
26-27 Rock forward on left, recover back on right  
28&29 Step back on left, step right next to left, cross left over right  
30-31 ¼ turn left stepping back on right, ½ turn left stepping forward on left  
32& ¼ turn left stepping right to right side, step left next to right  
Non turning option:  
30-32& Step right to right side, step left next to right, step right to right side, step left next to right
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