

Soul Glide

32 Count, 4 Wall, Improver

Choreographer: Aline Goodman (USA) Sept 2014

Choreographed to: The Soul Glide by TK Soul

Intro: 32 Counts

1-8 "DIP IT" LEFT, "DIP IT" RIGHT

1-2, &3-4 Step left to side, hold, ball step right beside left, step left to side, touch right beside left

5-6, &7-8 Step right to side, hold, ball step left beside right, step right to side, touch left beside right

9-16 SLOW GLIDE BACK, TOUCH, SLOW GLIDE BACK, TOUCH

1-4 Large step back on left, hold, drag right back and touch beside left, hold

5-8 Large step back on right, hold, drag left back and touch left beside right, hold

17-24 WALK, WALK, WALK, 1/4 RIGHT TOUCH, 1/4 RIGHT WALK, WALK, WALK, 1/4 LEFT TOUCH

1-4 Walk forward, left, right, left, turn 1/4 right touch right beside left (3:00)

5-8 Turning 1/4 right (6:00) walk right, left, right, turn 1/4 left touch left beside right (3:00)

25-32 JUMP UP, HOLD, JUMP BACK, HOLD, JUMP UP, JUMP BACK, OUT, OUT, HOLD

&1-2 Step left forward, step right beside left, hold

&3-4 Step right back, step left beside right, hold

&5&6 Step right forward, step left beside right, step right back, step left beside right

&7-8 Step right to side, step left to side, hold (weight goes to right)

BEGIN AGAIN!
