



Approved by:

# Soul 2 Soul

## 4 WALL – 32 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 2 & 3 4 & 5 & 6 7 & 8	<b>Step, Step Pivot 1/2, Step, Step Pivot 1/2, Forward Lock Step, Mambo Sweep</b> Step right forward. Step left forward. Pivot 1/2 turn right. Step left forward. Step right forward. Pivot 1/2 turn left. Step right forward. Lock step left behind right. Step right forward. Rock forward on left. Rock back onto right. Step left back sweeping right out to side.	Step Step Pivot Step Step Pivot Step Lock Step Mambo Sweep	Forward Turning right Turning left Forward On the spot
<b>Section 2</b> 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8	<b>Sailor Step, Sailor 1/4, Walk Back x 2, Back, Touch, Forward, Touch, Coaster</b> Cross right behind left. Step left to left side. Step right to place. Cross left behind right. Step right to side. Turn 1/4 right stepping left back. (3:00) Step back right. Step back left. Step back right. Touch left toe beside right instep. Step left forward. Touch right toe beside left instep. Step right back. Step left beside right. Step right forward.	Right Sailor Sailor Turn Back & Back Touch Forward Touch Coaster Step	On the spot Turning right Back Forward On the spot
<b>Section 3</b> & 1 – 2 3 & 4 5 & 6 7 & 8	<b>Hitch 1/2 Turn, Cross x 2, Rock &amp; Cross, Reverse Full Turn into Basic NC, Side</b> Hitch left knee and pivot 1/2 right on ball of right. (9:00) Cross left over right. Cross right over left. Rock left to left side. Recover onto right. Cross left over right. Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward. Turn 1/4 left stepping right to right side. Cross rock left behind right. Recover onto right. Step left long step to left side.	Pivot Cross Cross Rock & Cross Quarter Half Quarter Back Rock Side	Turning right Forward Right Turning left Left
<b>Section 4</b> 1 & 2 & 3 & 4 5 & 6 7 & 8 &	<b>Back Rock, Side Rock, Cross Rock, 1/4, Step Pivot 1/4 Step, Full Turn, Step Lock</b> Cross rock right behind left. Recover onto left. Rock right to right side. Recover onto left. Cross rock right over left. Recover onto left. Turn 1/4 right stepping right forward. Step left forward. Pivot 1/4 turn right. Step left forward. Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward. (3:00) Step right forward. Lock left behind right.	Back Rock Side Rock Cross Rock Quarter Step Pivot Step Full Turn Right Lock	On the spot Turning right Turning left Forward
<b>Tag</b> 1 2 & 3 4 &	<b>End of Wall 2: (facing back wall):</b> Step right forward. Rock forward on left. Recover onto right. Step left back. Rock back on right. Recover onto left.	Step Rock & Back Rock Back	Forward On the spot

**Choreographed by:** Kate Sala (UK) September 2012

**Choreographed to:** 'Alive' by Sonique from EP Alive; **FREE** download version by Glenn Rogers available from [www.linedancermagazine.com](http://www.linedancermagazine.com) for Linedancer subscribers (16 count intro - start on main vocals)

**Tag:** There is one Tag at the end of Wall 2



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)