

Section 1 Rock back, lock step forward with 1/4 turn right, rock forward, shuffle 1/4 turn left

1 - 2 Rock right back behind left, rock forward left
3 & 4 turn 1/4 right step right forward, cross left behind right, step forward right
5 - 6 rock forward on left, rock back on right
7 & 8 turn 1/4 left step left to the side, close right to left, step left to the side with a hip bump

Section 2 Rock in place, shuffle right turning 3/4 left, back rock, lock step forward

1 - 2 rock to the right with a hip bump, rock to the left commencing to turn left
3 & 4 turn 1/2 left on left foot and step right to the side, close left to right, turn 1/4 left and step back on right
5 - 6 rock back left, rock forward right
7 & 8 step forward left, cross right behind left, step forward left

Section 3 2 walks forward, lock step forward, rock forward, shuffle left with 1/4 turn left

1 - 2 walk forward right, walk forward left (optionally turn 1/1 right)
3 & 4 step forward right, cross left behind right, step forward right
5 - 6 rock forward left, rock back right
7 & 8 turn 1/4 left step left to the side, close right to left, step left to the side

Section 4 Rock forward and across, side rock, weave left, shuffle turning 1/4 right

1 - 2 rock forward and across on right, rock back on left
3 - 4 rock right to the side, rock left to the side
5 & 6 cross right behind left, step left to the side, cross right in front of left
7 & 8 turning 1/4 right step left to the side, close right to left, step right to the side. End facing 3 o'clock

Repeat