

**WALK; WALK; ROCK; RECOVER; 1/2 TURN SHUFFLE; TRIPLE 1/2 TURN**

- 1,2 Walk forward right, left  
3 Rock forward on to right  
4 Recover back on to left  
5 & 6 Make 1/2 turn right and shuffle forward right  
7 & 8 Triple step left, right, left making 1/2 turn right

**ROCK; RECOVER; SHUFFLE FORWARD; TRIPLE 1/2 TURN; ROCK; RECOVER**

- 1 Rock back on to right  
2 Recover weight forward on to left  
3 & 4 Right shuffle forward  
5 & 6 Triple step left, right, left making 1/2 turn right  
7 Rock back on to right  
8 Recover weight forward on to left

**WALK; WALK; SHUFFLE FORWARD**

- 1,2 Walk forward right, left (with attitude!)  
3 & 4 Right shuffle forward

**TOUCH; CROSS; TOUCH; CROSS; TOUCH; CROSS; KICK BALL CHANGE;**

- 1 Touch left toe out to left side  
2 Step left across front of right  
3 Touch right toe out to right side  
4 Step right across front of left  
5 Touch left toe out to left side  
6 Step left across front of right  
7 & 8 Right kick ball change

**MODIFIED KICK BALL STEP; SWIVEL; SWIVEL X2**

- 1 & 2 Right kick ball change stepping right to right side and left slightly forward  
3 Swivel heels to left  
4 Swivel heels to centre  
5 & 6 Right kick ball change stepping right to right side and left slightly forward  
7 Swivel heels to left  
8 Swivel heels to centre

**\*\*\*\*SAILOR SHUFFLE; SAILOR SHUFFLE\*\*\*\*****NB. THESE STEPS ARE ADDED TO WALLS 3,6 (CHORUS WALLS - STARTS WITH THE WORDS " WAKE UP BABY" ) AND ALL SUBSEQUENT WALLS**

- 1 & 2 Right sailor shuffle  
3 & 4 Left sailor shuffle