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Introduction: 32 Counts, once heavy beat kicks in. (Begin on lyrics "Show me how you do that trick...")

**1- 8 BACK-&-FORWARD, FORWARD-FORWARD-TURN-FORWARD, FORWARD-&BACK, BACK-&-TOGETHER**

- 1&2 RIGHT Rock/Step back, LEFT Recover/Step forward (in place), RIGHT Step forward  
3& LEFT Step forward, RIGHT Step forward  
4& Execute full "Spiral" Turn L, turning on R Toe/ball, LEFT Step forward  
5&6 RIGHT Step forward, LEFT Recover/Step back, RIGHT Step back  
7&8 LEFT Step back, Turn 1/2 R with RIGHT Step forward, LEFT Step beside R (6 o'clock)

**9-16 SIDE-&-TOGETHER, BACK-&-TURN: REPEAT**

- 1&2 RIGHT Rock/Step side R, LEFT Recover/Step side L (in place), RIGHT Step beside L  
3&4 LEFT Rock/Step crossed behind R, RIGHT Recover/Step forward (in place),  
Turn 1/4 R with LEFT Step forward diagonal L (9 o'clock)  
5&6 RIGHT Rock/Step side R, LEFT Recover/Step side L (in place), RIGHT Step beside L  
7&8 LEFT Rock/Step crossed behind R, RIGHT Recover/Step forward (in place),  
Turn 1/4 R with LEFT Step forward diagonal L (12 o'clock)

**17-24 FORWARD-&-BACK-&, FORWARD-TURN-FORWARD, SWEEP, ACROSS-&-BEHIND, SWEEP, BEHIND-&-ACROSS**

- [Note: Counts 1&,2&,3&4 all face diagonal R]  
1& RIGHT Rock/Step forward, LEFT Recover/Step back  
2& RIGHT Rock/Step back, LEFT Recover/Step forward  
3&4 RIGHT Step forward diagonal R, Turn 1/2 L with LEFT Step forward,  
RIGHT Step forward diagonal R (6 o'clock)  
5& Sweep back to front with LEFT Step across front of R, RIGHT Step side R (face centre)  
6& LEFT Step crossed behind R, RIGHT Sweep front to back  
7&8 RIGHT Step crossed behind, LEFT Step side L, RIGHT Step across front of L

**25-32 TURN, R TRIPLE SIDE, ACROSS-&-TURN, TURN, L TRIPLE SIDE, BACK-&-TURN**

- &1&2 Turn 1/4 L with LEFT Step beside R, RIGHT 'Triple' side R (R side, L together, R side) (3:00)  
3&4 LEFT Rock/Step across front of R, RIGHT Recover/Step behind L (in place),  
Turn 1/4 L with LEFT Step forward, RIGHT Step beside L (12 o'clock)  
&5&6 RIGHT Step beside L, LEFT 'Triple' side L (L side, R together, L side)  
7&8 RIGHT Rock/Step back, LEFT Recover/Step forward, Turn 1/2 L with RIGHT Step back (6:00)

**33-40 BACK-&-FORWARD, ACROSS-BACK-TOGETHER, FORWARD-&-FORWARD-TOUCH, BACK-&-BACK-TOUCH**

- 1&2 LEFT Rock/Step back, RIGHT Recover/Step forward, LEFT Step forward  
3&4 RIGHT Step across front of L, LEFT Step back, RIGHT Step beside L  
5&6& LEFT Step forward, RIGHT Step beside L, LEFT Step forward, RIGHT Touch behind L  
7&8& RIGHT Step back, LEFT Step beside R, RIGHT Step back, LEFT Touch in front of R

**41-48 FORWARD, FORWARD, TURN, ACROSS-SIDE-ACROSS-SIDE. ACROSS-&-TURN, FORWARD-TURN-TURN**

- 1&2 LEFT Step forward, RIGHT Step forward, Turn 1/4 L with LEFT Step side L (3 o'clock)  
3& RIGHT Step across front of L, LEFT Step side L  
4& RIGHT Step across front of L, LEFT Step side L  
5&6 RIGHT Rock/Step across front of L, LEFT Recover/Step back (in place),  
Turn 1/4 R with RIGHT Step forward (6 o'clock)  
7&8 LEFT Step forward, Turn 1/2 R with RIGHT Step forward (in place),  
Turn 1/2 R with LEFT Step back & beside R

**Bridge:** occurs after two rotations, facing 12 o'clock wall

**NC2 STEP Basics: R BACK-RECOVER-SIDE, L BACK-RECOVER-SIDE**

- 1&2 RIGHT Rock/Step back, LEFT Recover/Step forward, RIGHT Step side R  
3&4 LEFT Rock/Step back, RIGHT Recover/Step forward, LEFT Step side L

**Ending:** You will end facing front wall...and I like to add one RIGHT Step back & Pose.

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