

**Socca Dance (1st  
Sitting Version)**

ABSOLUTE BEGINNER

32 Count 1 Walls

Choreographed by: Kim Nolan "Kimbo"

Choreographed to: Socca Dance by Chayanne

**Chair based upper & lower body routine. (I have also available a 2nd seated version using simply the upper body) Music: Socca Dance by Chayanne available from iTunes & CD Provocame. Shimmy & clap during instrumental before starting routine to shake off any shyness to get you into a carefree tropical summery mood. Start on vocals unless you are eager & want to start from ct 32 of instrumental section**

**1 Step on Right, Left, Right, Kick & Clap, Step on Left, Right, Left, Touch & Clap**

1 - 4 Step in place right, left, right, kick left forward &amp; clap

5 - 8 Step in place left, right, left, touch R in place &amp; clap

**2 Diagonal Steps R, L, R & L, R, L, Lean Back, Straighten, Shimmy**

1 &amp; 2 Leaning slightly back on the Right diagonal (style similar to Sailor step) Step in place R foot, L foot, R foot

3 &amp; 4 Leaning slightly back on the Left diagonal Step in place L foot, R foot, L foot

5 - 6 Lean back, straighten up

7 - 8 Shimmy Shoulders

**3 Side, Touch, Side, Touch & Clap, Side, Touch, Side, Touch & Clap**

1 - 4 Step R slightly to right, close L next to R, step R slightly to R side, touch L next to R and clap

5 - 8 Step L slightly to left, close R next to L, step L slightly to L side, touch R next to R and clap

**4 Touch, Together, Touch Together, Punch x 2, Shimmy**

1 - 2 Touch R toe to right, step R together

3 - 4 Touch L fwd as you twist upper body to R, step L together &amp; twist facing front

5 - 6 Punch R arm up, punch L arm up

7 - 8 (lowering arms slightly) Shimmy shoulders forward

**\*simple short shimmy tag after 1st & 2nd verse only****\*TAG: VERY simple short shimmy Tag honest! only at end of verses 1&2(after ct 32)**

1 - 4 Lean forward, clap, shimmy twice

5 - 8 Lean back, clap, shimmy twice (Repeat 1-8)

**START AGAIN until the BEST BIT! as music builds to its crescendo at 3m 27secs near end of song after ct 24(after 2nd clap/touch after side, touch, side): Raise arm in air making lasso motions as you whoop & cheer for 4 counts, then repeat routine from start until music fades.**

**Note: This routine is available in 3 options: a seated upper body plus a seated upper & lower body routine, and both are adapted from my 2 Wall routine so all can join in. There, doesnt it feel great to shimmy & cheer, all we need now is a sunny beach, if not, let us play it again anyway, who needs a beach to do the Socca Dance? Thanks again to Chayanne for an uplifting summery song. Have fun.**

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