

Bang-A-Boomerang

32 Count, 4 Wall, Improver

Choreographer: Cato Larsen (NO) Apr 10

Choreographed to: Bang-A-Boomerang by ABBA
(142bpm)

Intro: Start the dance after 32 counts. (14 seconds).

1–8 Right Side Shuffle, Back Rock, Full turn right, Point.

- 1&2 Step right to right side (1), Step left next to right (&), Step right to right side (2). [12:00]
3,4 Step back on left (3), Rock (recover) weight forward again onto right (4).
5 Pivot ¼ turn right Stepping back on left (5). [3:00]
6 Pivot ½ turn right Stepping forward on right (6). [9:00]
7 Pivot ½ turn right Stepping left to left side (7). [12:00]
8 Turn upper body to right diagonal Pointing right toe forward against 12:00 (8). [1:30]
Legs will be slightly crossed.

9–16 Kick-Ball-Cross, Tap, Kick, Sailor Step, Cross, Unwind.

- 1&2 Kick right foot diagonally forward right (1), Step right next to left (&), Cross left over right (2).
3,4 Tap right toe next to left (3), Kick right foot diagonally forward right (4).
5& Cross right behind left (5), Step left slightly to left side (&).
6 Step right slightly to right side (6).
7,8 Point left toe behind right (7), Unwind ½ turn left (8). [6:00]

17–24 Shuffle forward, Rock Step done with Heel Grind, Coaster Step, Step, ¼ turn.

- 1&2 Step forward on right (1), Step left next to right (&), Step forward on right (2).
3 Step forward on left heel (3).
4 Swivel left foot to left as you grind left heel and Rock (recover) weight back again onto right (4).
5&6 Step back on left (5), Step right next to left (&), Step forward on left (6).
7,8 Step forward on right (7), Pivot ¼ turn left (8). [3:00]

25–32 Kick, Kick, Ball-Step, Step, Shuffle forward, Step, 1/2 turn & Together.

- 1,2 Kick right foot forward twice (1,2).
&3,4 Step right next to left (&), Step slightly forward on left (3), Step forward on right (4).
5&6 Step forward on left (5), Step left next to right (&), Step forward on left (6).
7,8 Step forward on right (7), Pivot (spin) ½ turn right Stepping left next to right (8). [9:00]
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