

## So Addictive

32 count, 4 wall, intermediate/advanced level  
Choreographer: Scott Blevins (USA) July 2002  
Choreographed to: 4 My People (Edited Version)  
by Missy Elliott

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- 1&2 Kick right foot forward, lift right knee, step right foot forward  
Using contra-body motion for style
- 3&4 Kick left foot forward, lift left knee, step left foot forward  
Using contra-body motion for style
- 5-6 Step right foot forward, make ½ turn left on right while lifting left knee
- 7&8& Make ¼ turn left and step left foot forward, make ¼ left and step right foot back, step left foot next to right, step back on right foot
- 1&2 Touch left heel forward, step left foot center, making ¼ turn left step right foot to right side
- 3&4 (C bump) bump hips upward and right, bump hips left, bump hips right and downward
- &5 Step left foot next to right foot, step right foot across and in front of left foot
- 6-7 Rock side left on left foot, recover to right foot
- 8&1 Cross left foot in front of right foot tripling side right
- 2-3 Rock side right on right foot, recover to left foot
- 4 Make ½ turn right on left foot and step right foot to right side
- &5 Step left foot next to right foot, step right foot across and in front of left foot
- 6-7 Jazz walk forward left, jazz walk forward right
- 8 Make ¾ turn right on right foot lifting left knee up and pushing hips back
- &1-2 Step back on left foot, step right next to left foot, step left foot forward
- 3&4 Making ¼ turn left, triple side right (right, left, right)
- 5-6 In the style of a "Shorty George" step forward left, step forward right
- 7&8 Rock forward left, recover onto right foot, step left foot next to right foot
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