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- 1 - 3 Left foot forward; right foot forward; left foot forward
4 - 6 Right heel forward no weight; right foot to rear; left foot rear
7 - 8 Right foot rear; left foot pointed to rear

KICK BALL CHANGE

- 9 & 10 Left foot kick forward; left foot rear; right foot in place
11 & 12 Left foot kick forward; left foot rear; right foot in place
13 - 14 Left foot forward; right foot in place 1/2 turn right
15 - 16 Left foot forward; right foot in place 1/2 turn right

FOUR ONE QUARTER TURN LEFT

- 17 - 18 Left foot forward 1/8 turn left; right foot to right side 1/8 turn left
19 - 20 Left foot next to right; right foot rear 1/8 turn left
21 - 22 Left foot to left side 1/8 turn left; right foot next to left
23 - 24 Left foot to left side 1/8 turn left; right foot to right side 1/8 turn left
25 - 26 Left foot next to right; right foot rear 1/8 turn left
27 - 28 Left foot to left side 1/8 turn left; right foot next to left

SHUFFLE LEFT SHUFFLE RIGHT

- 29 & 30 Left foot to left side; right foot next to left ;left foot to left side
& 31 - 32 Right foot next to left; left foot to left side; right foot next to left no weight
33 & 34 Right foot to right side; left foot next to right; right foot to right side
& 35 - 36 Left foot next to right; right foot to right side; left foot next to right no weight

REPEAT