

MONTEREY SPIN

- 1 Right foot touch to the right side
- 2 Right foot step beside left foot after making 1/2 turn to the right
- 3 Left foot touch to the left side
- 4 Place left foot next to right foot
- 5 Right foot touch to the right side
- 6 Right foot step beside left foot after making 1/2 turn to the right
- 7 Left foot touch to the left side
- 8 Place left foot next to right foot

LEFT & RIGHT HEEL SWIVELS

- 9 & Swivel both heels left pointing toes right and return to center
- 10 & Swivel both heels left pointing toes right and return to center
- 11 & Swivel both heels right pointing toes left and return to center
- 12 & Swivel both heels right pointing toes left and return to center

HOP, TOUCH, HOLD, 4 TIMES

- & 13 Hop forward angled to right on right foot and touch left toe to right foot
- 14 Hold
- & 15 Hop forward angled to left on left foot and touch right toe to left foot
- 16 Hold
- & 17 Hop forward angled to right on right foot and touch left toe to right foot
- 18 Hold
- & 19 Hop forward angled to left on left foot and touch right toe to left foot
- 20 Hold (you can add claps with the holds)

OUT HOLD IN HOLD, OUT & IN & OUT & IN

- & 21 Right foot step to right, left foot step to left
- 22 Hold
- & 23 Step right foot in, step left foot in
- 24 Hold
- 25 & 26 Right foot out, left foot out (double time)
- 27 & 28 Right foot in, left foot in (double time)

RIGHT SHUFFLE, ROCK STEP, LEFT SHUFFLE, ROCK STEP

- 29 & 30 Shuffle to the right side, right, left, right
- 31 Rock back on right foot
- 32 Rock forward on left foot
- 33 & 34 Shuffle to the left side, left, right, left
- 35 Rock back on left foot
- 36 Rock forward on right foot

HOP, CROSS, 1/2 TURN, HOLD

- 37 Hop, spreading both feet apart
- 38 Cross right foot over left foot
- 39 Unwind 1/2 turn left
- 40 Hold

REPEAT