

Bang A Gong

48 count, 2 wall, beginner/intermediate level
Choreographer: Linda Moore (N Ireland) May 2004
Choreographed to: Bang A Gong by Marc Bolan and
Trex, Ultimate Collection (126 bpm)

Start on Vocals

Section 1 Heel ball cross right x2. Right rock. Cross shuffle

1&2 Touch right heel forward. Step right slightly back. Cross left over right.
3&4 Touch right heel forward. Step right slightly back. Cross left over right.
5-6 Rock to right side on right. Rock onto left in place.
7&8 Cross right over left. Step left to left side. Cross right over left.

Section 2 Left rock. Behind 1/4 turn step. Right forward rock. Right coaster step.

1-2 Rock to left side on left. Rock onto right in place.
3&4 Step left behind right. 1/4 turn right stepping right. Step left
5-6 Rock forward on right. Rock back onto left.
7&8 Step back right. Step left beside right. Step forward right.

Section 3 Heel ball cross left x2. Left rock. Cross shuffle

1&2 Touch left heel forward. Step left slightly back. Cross right over left.
3&4 Touch left heel forward. Step left slightly back. Cross right over left
5-6 Rock to left side on right. Rock onto right in place.
7&8 Cross left over right. Step right to right side. Cross left over right.

Section 4 Right rock. Behind 1/4 turn step. Left forward rock. Left coaster step.

1-2 Rock to right side on right. Rock onto left in place.
3&4 Step right behind left. 1/4 turn left stepping left. Step right.
5-6 Rock forward on left. Rock back onto right.
7&8 Step back left. Step right beside left. Step forward left

Section 5 Right heel & toe 1/4 turn left. Left heel & toe 1/4 turn left. Right forward rock. Right coaster step

1&2 Touch right heel forward. Step right beside left making 1/4 turn left. Touch left toe forward.
3&4 Touch left heel forward. Step left beside right making 1/4 turn left. Touch right toe forward.
5-6 Rock forward on right. Rock back onto left.
7&8 Step back right. Step left beside right. Step forward right.

Section 6 Left heel & toe 1/4 turn left. right heel & toe 1/4 turn left. Left forward rock. Left coaster step

1&2 Touch left heel forward. Step left beside right making 1/4 turn left. Touch right toe forward.
3&4 Touch right heel forward. Step right beside left making 1/4 turn left. Touch left toe forward.
5-6 Rock forward on left Rock back onto right
7&8 Step back left. Step left beside right. Step forward left.
