

HEEL-TOE STRUTS

- 1 - 2 Step forward on right heel; drop right toe to floor
3 - 4 Step forward on left heel; drop left heel to floor

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- 5 - 8 Repeat steps 1-4

RIGHT STEPS, SLIDES

- 9 - 10 Step right foot forward at 45 degree angle; slide left foot next to right
11 - 12 Repeat steps 9-10

LEFT STEPS, SLIDES

- 13 - 14 Step left foot forward t 45 degree angle; slide right foot next to left
15 - 16 Repeat steps 13-14

STEP BACKWARD, TOUCH

- 17 - 18 Step back on right foot at 45 degree angle; touch left foot next to right foot
19 - 20 Step back on left foot at 45 degree angle; touch right foot next to left foot

STEP BACKWARD, TOUCH

- 21 - 24 Repeat steps 17-20

VINE RIGHT, TURN

- 25 - 26 Step right foot to right side; step left foot behind right foot
27 - 28 Step right foot beginning 1/2 turn right; step left foot next to right

VINE LEFT

- 29 - 30 Step left foot to left side; step right foot to left side
31 - 32 Step left foot to left side; touch right foot next to left foot

HOP, SWITCH, HOLD, CLAP

- & 33 - 34 Hop on left foot next to right foot; (weight on left foot); touch right heel forward; hop on right foot next to left foot (weight on right foot); touch left heel forward

- & 35 - 36 Repeat steps &33; hold and clap on step 36

HIP BUMPS

- 37 - 38 Bump right hip forward twice
39 - 40 Bump left hip backward twice

HIP BUMPS

- 41 - 42 Bump hips forward-backward
43 - 44 Repeat steps 41-42

REPEAT