

BASIC EAST COAST SWING PATTERN IN CLOSED POSITION

- 1 - 6 Basic east coast swing pattern in closed position
1 & 2 Triple step
3 & 4 Triple step
5 - 6 Step back on free foot and rock forward onto free foot

FREE TURNS, ROCK STEP

- 1 & 2 Triple step in place
3 & 4 Follows turn full turn right and leads turn full turn left
5 - 6 Rock step joining follow's right hand in lead's left

1/4 TURN TO REVERSE LINE OF DANCE, TRIPLE STEP, ROCK STEP

- 1 & 2 Follows 1/4 turn left and leads 1/4 turn right
3 & 4 Triple step moving slightly back
5 - 6 Rock step maintaining hand hold

TRIPLE STEP FORWARD, 1/2 TURN TO FORWARD LINE OF DANCE, ROCK STEP

- 1 & 2 Partners triple step in place
3 & 4 Dropping hands, follows turn 1/2 turn right and leads turn 1/2 turn left
5 - 6 Join hands--follow's left in lead's right and rock step

FOLLOW'S WRAP, ROCK STEP

- 1 & 2 Follows begin a full turn left
3 & 4 Follows complete a full turn left
5 - 6 Rock step (will now be in a wrap (cuddle) position to lead's right)

LEADS, MEANWHILE...

- 1 & 2 Maintaining hand hold, leads lead follows into wrap by using a sweeping motion with right arm to the left and away from body
3 & 4 Finish leading the turn. Footwork on 1-4 is a pair of basic triple steps
5 - 6 Rock step, picking up follow's right hand in lead's left in front of lead's belt buckle

FOLLOWS SHUFFLE FORWARD TWICE, STOMP, STOMP

- 1 & 2 Shuffle forward right, left, right
3 & 4 Shuffle forward left, right, left
5 - 6 Stomp right, left

LEADS, MEANWHILE...

- 1 & 2 Shuffle forward left, right, left
3 & 4 Shuffle forward right, left, right
5 - 6 Stomp left, right (still in wrap position)

FOLLOWS 3/4 TURN RIGHT, ROCK STEP. LEADS TURN 1/4 TURN RIGHT, ROCK STEP

- 1 & 2,3 & 4 Dropping hands joined in front, lead will lead follow into a 3/4 turn right. Bringing right hand over follow's head and down to face lead. Lead turns 1/4 turn right on counts 1&2 during their triple step, triple step in place on counts 3&4
5 - 6 Both rock step on counts 5-6 and join hands to bring follow back into closed position to start the dance again

REPEAT