

Slow Flying

24 Count, 4 Wall, Beginner

Choreographer: Gold River (IT) Sept 2007

Choreographed to: Everything There Is To Know

About You by Mark Wills, CD: Permanently; Anytime

You Need A Friend by Beu Sisters,

CD: Disney Girlz Rock

Start dancing on lyrics

STEP X 5

- 1& Step left to side, right step beside left foot
- 2& Step right to side, left step beside right foot
- 3& Step left to side, right step beside left foot
- 4& Step right to side, left step beside right foot
- 5& Step left to side, right step beside left foot

STEP X 5

- 6& Step right back, left step beside right foot and clap
- 7& Step left forward, right step beside left foot and clap
- 8& Step right back, left step beside right foot and clap
- 9& Step left forward, right step beside left foot and clap
- 10& Step right back, left step beside right foot and clap

STEP, PIVOT TWICE, STOMP

- 11 Little left step forward
 - 12 Step right forward and turn $\frac{1}{2}$ on the left (fast)
 - 13 Step right forward and turn $\frac{1}{2}$ on the left (fast)
 - 14 Right stomp
- Open your arms (flying) during the pivot twice - count 12-13

HIP BUMPS TWICE

- 15-16 Hip right two times
- 17-18 Hip left two times

CROSS & TOUCH SIDE TWICE

- 19& Cross right over left, left toe touch to side
- 20& Cross left over right, right toe touch to side

LOCK FRONT-BACK, TURN STEP

- 21-23 Cross right foot ahead left, step left forward, step left back
 - 24& Right step turning $\frac{1}{4}$ on the right, turn $\frac{1}{2}$ on the right
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