

440 (For Forty)

32 count, 4 wall, Intermediate level

Choreographer: Dan Albro (USA) May 2006

Choreographed to: Falsas Esperanzas by Christina

Aguilera, CD: Mi Reflejo

Start after 32 count intro with body angled left

Heel, Heel, Kick, Ball, Cross, Touch Side, Hip Bumps, Kick

1-2-3&4 Tap left heel, tap left heel, kick left angle forward, step back on ball of left

4-5-6&7 Cross right over left, touch left side, bump hips left, right, left, while shifting weight to left

8 Kick right angle forward

Turn ¼ Step, Step, Touch, Step, Touch, Step, Touch, Back, Cross, Back, Cross, Turn ¼ Step, ½ Turn Sweep

&1-2 Turn ¼ right (3:00) stepping side right, step side left, touch right toe next to left

&3&4 Step side right, touch left next to right, step side left, touch right next to left

&5&6 Step back on ball of right, cross left over right, step back on ball of right, cross left over right

7-8 Turn ¼ right (6:00) stepping forward right, turn ½ right (12:00) on ball of right sweeping left around

Step, Lock, Step, Step, Pivot ½, Touch, Hold, Step, Cross, ½ Unwind

1-2&3 Step forward left, lock right behind left, step forward left, step forward right

&4& Pivot ½ left (6:00) on ball of right bring left foot to right knee, hold, touch left toe side

5-6&7-8 Hold, step left next to right, cross right over left, unwind ½ turn left (12:00) lifting right heel

Triple Hips Forward Right-Left-Right, Left-Right-Left, Touch, Step, Touch, Hold, Step, Touch, Shift

1&2-3&4 Step forward right bumping hips right, left, right, step forward left bumping hips left, right, left

5&6-7 Touch right toe side, step right next to left, touch left toe side, hold

&8& Turn ¼ left (9:00) stepping left, touch right toe side, shift weight to right angling body left

Counts 1&2, 3&4: can be done as a right sailor shuffle, left sailor shuffle