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Slam Dunk

BEGINNER

40 Count

Choreographed by: Lorraine Everett Choreographed to: Slam Dunk by Five

	ARMS UP, DOWN UP SNAKE ROLL, KICK, KICK SIDE TURN
1 & 2	/Arm styling: for counts 1&2: with arms shoulder width apart, elbows bent, with palms towards face. Keeping elbows level, hands move towards each other window wiper fashion. Feet apart, arms up, down, up
3	Keeping left arm up, drop right arm to right side lifting right shoulder, lean to left to start small snake roll
4 5,6 7 & 8	Close right foot to left, as you finish snake roll Kick right foot forward twice Kick right foot to right side (shoulder width apart) replacing right foot, cross step left foot over right Turn 1/2 right
9 10 11,12	STEP SLIDE, STEP SLIDE Step forward left (arms stretched forward) Slide right foot to left (bend arms as in pulling a rope) Repeat counts 9,10
	JUMPING JACKS, OUT, TURN, IN TURN, IN TURN
13 & 14 & 15 & 16	/Arm styling: for counts 13-16, arms to sides 45 degrees on the count, on the & count arms bend at elbows and cross body waist level or above. Jump both feet apart weight on right-(arms 45 degrees to sides) On ball of right foot turn 1/2 right, lifting left foot to mid calf level of right leg, knee to side. Touch left foot to left side, keeping weight on right Lift left foot to mid calf level, knee to side turn 1/2 left. Replace left foot keeping weight on left. Lift right foot to mid calf level of left turning 1/2 left. Replace right foot.
17 18 19 & 20 21 22 23 & 24	STEP FORWARD RIGHT, LEFT, HEELS OUT IN OUT IN STEP FORWARD LEFT, RIGHT HEELS OUT IN OUT IN Step forward right Step forward left Swivel heels left, center, left (both arms to left side in time with heels Step forward left Step forward right Step forward right Swivel heels right center right (arms as above)
25	RONDE TURN, TAP, TAP, TAP, ROCK FORWARD ROCK BACK ROCK FORWARD, TURN On ball of right foot, ronde left foot 1/2 left turning with it (left arm follows leg with palm facing outpureds)
26 27 & 28 29,30,31 & 32	outwards) Push right arm out in front, just below left (palm outward just below left) Tap left heel three times Rock forward right, rock back right, rock forward right Cross left foot behind right, unwind full turn left
33,34 35 & 36 37 & 38	STEP RIGHT, CLOSE, RIGHT, CLAP, CLAP, JUMP OUT IN OUT TURN Step right to right side, close left to right. Step right, small step Clap twice Jump feet, out, in, out
20	Arm styling: for counts 37&38 fists clenched, elbows bent, left fist to left side, right fist to left side at chest level, arms swing left-right-left

39

40

Cross right foot over left

Unwind 1 1/4 turn left.

REPEAT