

Skinny Love

Phrased, 4 Wall, Int/Adv, Contemporary Smooth

Choreographer: Roy Hadisubroto (NL) and Raymond Sarlemijn (NO) June 2013

Choreographed to: Skinny Love by Birdy Album: Birdy

Sequence: ABCDE, ABCDE, ABCD, Tag, E, ABCDE, ABCD, Tag, EABE, AB, ABCDE, A
Start dancing on lyrics

PART A

CROSS, SWEEP, CROSS, ¼ TURN, WALK, BODY ROLL, WALK, ¼ TURN, STEP, ARM MOVEMENTS, TURN ½, SHOULDER DROP, BODY SWING

- 1-2& Cross left behind, sweep/cross right behind, turn ¼ left and step left forward
3-4& Step right forward (push upper body back & roll body down), step left back, step right back
5-6& Turn ¼ left and step left side (right arm up with arm stretched up), hold (right elbow down and right arm out to diagonal), turn ½ right and step right side (swing right arm down)
7&8 Hold for 2 counts (continue to swing right arm up, right arm stretched up next to head with fingers spread out, close fingers from the pink finger to a fist, pull right elbow down & drop right underarm down)

SHOULDER DROP, BODY SWING, STEP, CROSS, SWEEP 5/8 TURN, ROCK, RECOVER

- 1-2& Hold for 2 counts (push right shoulder down and bend knees slightly, push left shoulder down and bend knees slightly, push right shoulder down and bend knees slightly)
3-4& Touch left side (right knee still bent), step left side, cross right over
5-6& Step left side, turn 5/8 right and sweep/rock right back, recover to left (swing arms forward) (7:30)

PART B

STEP, BEND, ARM MOVEMENTS

- 7-8& Step left back (bend knees and swing both arms down), turn ¼ left and touch left side (right knee bent, throw both arms down), hold (both arms down)
1 Hold (weight to left, with left knee bent, and swing both arms down)

KNEE SWING, KICK, RONDE, TURN 5/8, REBOUNCE, RAISE, STEP, SWEEP, STEP ROCK, RECOVER

- 2& Hitch right (roll right knee in), hold (swing right knee out)
3-4& Cross/kick right over, turn ½ right and sweep right front to back, step right together
5 Touch left side (bend right knee and raise body and straighten and your right knee)

PART C

STEP, SWEEP, STEP, ROCK, RECOVER

- 6 Step left forward
7-8& Sweep/step right forward, rock left forward, recover to right

STEP, FULL TURN, CROSS, STEP

- 1-2 Step left back, turn ¼ right and step right side (knees bent)
3-4& Full turn left (straight right knee and extend left leg), cross left over, step right side

PART D

TURN ½, HOLD, WEIGHT CHANGE

- 5-6 Turn ½ left (body reach to the left), hold (extend left arm out to side)
7 Weight to right

PART E

CROSS, STEP

- 8& Cross left over, step right side

TAG

WALK AROUND

- 1-7 Walk in a circle, starting with right, always ending facing front wall (12:00)