

## Banca Groove

Phrased, 4 wall, Intermediate level  
Choreographer: Bo Wallin (Sweden) Jan 2002  
Choreographed to: Banca Banca by E-Type from  
Album Euro IV Ever (132 bpm)

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Sequence: A A B A A A B A A A A Ending ( B is done both times facing the back wall)

### A

#### Walk forward, Right shuffle forward, Step turn $\frac{1}{4}$ , Cross shuffle

- 1-2 Step forward right, Step forward left.  
3&4 Right shuffle forward.  
5-6 Step forward on left, pivot  $\frac{1}{4}$  right.  
7&8 Cross shuffle left over right.

#### Monterey turn $\frac{1}{2}$ Right, Right rock step, Step behind & Heel Jack

- 9-12 Touch right toe to right side, turn  $\frac{1}{2}$  right as you step right next to left, touch left toe to left side, step left next to right.  
13-14 Rock right to right side. Rock onto left in place.  
15&16 Cross right behind left, Step left slightly back left. Touch right heel forward.

#### &Cross, Unwind $\frac{1}{2}$ turn, Right lock forward, Forward Rock, Triple $\frac{1}{2}$ Turn left

- &17-18 Step right beside left. Cross left over right. Unwind  $\frac{1}{2}$  Turn right. Weight on left and right hooked over left.  
**Note:** When unwinding and hooking on step 18 click fingers in shoulder height.  
19&20 Step forward right. Lock left behind right. Step right foot forward.  
21-22 Rock forward left. Rock back onto right in place.  
23&24 Triple  $\frac{1}{2}$  turn left stepping left, right, left.

#### Kick Ball Cross, Right Rock Step, Behind Side Cross, Step left Slide

- 25&26 Kick right diagonally forward right. Step right back. Cross left over right  
27-28 Rock right to right side. Rock onto left in place.  
29&30 Cross right behind left. Step left to left side. Cross right over left.  
31-32 Step left large step left. Slide right towards left.

### B

#### Heel Jacks, Right scuff with $\frac{1}{4}$ Turn, Point, Right Kicks, Sailor step

- &1 Step back right. Touch left heel forward.  
&2 Step left beside right. Touch right toe beside left.  
3-4 Scuff right forward. On ball of left foot turn  $\frac{1}{4}$  right. Point right toe forward.  
**Note:** Start turning when doing the right scuff forward.  
5-6 Kick right across left. Kick right to right side.  
7&8 Cross right behind left. Step left to left side. Step right slightly forward.

#### Left Kicks, Sailor $\frac{1}{4}$ turn, Step turn $\frac{1}{4}$ left, Forward Rock Touch

- 9-10 Kick left across right. Kick left to left side.  
11&12 Cross left behind right. Step right to right side. Step left  $\frac{1}{4}$  turn left.  
13-14 Step forward on right, pivot  $\frac{1}{4}$  left.  
15&16 Rock right forward. Rock back onto left in place. Touch right beside left.

#### Ending: Heel jack, Claps

- &1 Step back right. Touch left heel forward.  
2&3 Clap hands three times