

THEPage



Approved by:

Marie Sorrensen

Banca Cha

4 WALL - 32 COUNTS - IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Side, Together, Chasse, Cross Rock, 1/4 Turn Shuffle		
1 – 2	Step right to right side. Step left beside right.	Side Together	Right
3 & 4	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	
5 – 6	Cross rock left over right. Recover onto right.	Cross Rock	On the spot
7 & 8	Shuffle step 1/4 turn left, stepping - left, right, left. (9:00)	Shuffle Quarter Turn	Turning left
Section 2	Sway, Sway, Rumba Back, Sway, Sway, Rumba Forward		
1 – 2	Sway right. Sway left.	Sway Sway	On the spot
3 & 4	Step right to right side. Step left beside right. Step right back.	Side Together Back	Back
5 – 6	Sway left. Sway right.	Sway Sway	On the spot
7 & 8	Step left to left side. Step right beside left. Step left forward. (9:00)	Side Together Foward	Forward
Restart	Walls 3 and 7: Restart dance again from the beginning (facing 3:00)		
Section 3	Walk, Walk, Forward Lock Step, Forward Rock, Back Lock Step		
1 – 2	Walk forward right. Walk forward left. (Use your hips)	Walk Walk	Forward
3 & 4	Step right forward. Lock left behind right. Step right forward.	Right Lock Step	
5 – 6	Rock forward on left. Recover onto right.	Forward Rock	On the spot
7 & 8	Step left back. Lock right across front of left. Step left back.	Back Lock Back	Back
Section 4	Samba Step x 2, Hip Sways		
1 & 2	Cross right over left. Rock left to left side. Recover onto right.	Right Samba	On the spot
3 & 4	Cross left over right. Rock right to right side. Recover onto left.	Left Samba	
5 – 6	Sway right. Sway left.	Sway Sway	On the spot
7 – 8	Sway right. Sway left. (9:00)	Sway Sway	

Choreographed by: Marie Sorensen (DK) June 2012

Choreographed to: 'Banca Banca' by E-Type (132 bpm) from CD Euro IV Ever; download available from amazon.co.uk or iTunes (32 count intro)

Restarts: Two Restarts, both at the end of Section 2, during Walls 3 and 7



A video clip of this dance is available at www.linedancermagazine.com