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Sink Or Swim!

IMPROVER

32 Count 4 Walls

Choreographed by: Charlotte O'Connor & Paul Culshaw Choreographed to: Sailing The Seven Seas by OMD

1 Half Monterey, Kick and Cross, Side Together, Swivel. 1-2 Touch right toe to right side, pivot 1/2 turn right stepping right foot next to left. 1 - 2 3+4 Kick left foot forward, step left foot slightly back, cross right foot over left. Step left foot to left side, step right foot next to left. 5 - 6 7 - 8 Swivel both heels to right keeping balls of feet in place, swivel both heels to left keeping balls of feet in place. 2 Right Chasse, Back Rock, Left Chasse, Back Rock. 1+2 Step right foot to right side, close left foot together, step right foot to right side. Rock back on left foot, recover weight onto right foot. 3 - 4 Step left foot to left side, close right foot together, step left foot to left side. 5+6 7 - 8 Rock back on right foot, recover weight onto left foot. 3 Out Out In In, Step 1/4 turn, Toe Strut Back, Touch 1/2 turn. Step right foot out to right side, Step left foot out to left side, Step right foot in to centre, Step left foot +1+2 in to centre. 3 - 4 Step right foot forward, pivot 1/4 turn to left transferring weight onto left foot. 5 - 6 Place right toe slightly back, drop right heel down. 7 - 8 Place left toe slightly back, pivot 1/2 turn over left shoulder. Right Slide, Stomp, Step Locks (Dorothy Steps). 4 1 - 3 Long step with right foot to right side, drag left foot up to right. 4 Stomp left foot next to right. Step right foot diagonally forward right, lock left foot behind right, step right foot diagonally forward 5 - 6+

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Step left foot diagonally forward left, lock right foot behind left, step left foot diagonally forward left.

7 - 8+