

Single Or Double Cha Cha

BEGINNER

48 Count 4 Walls

Choreographed by: Mike Cook

Choreographed to: She's Actin' Single
(I'm Drinkin' Doubles) by Gary Stewart

WALK FORWARD RIGHT OVER LEFT, LEFT OVER RIGHT, SHUFFLE FORWARD, ROCK FORWARD, ROCK BACK, SHUFFLE BACKWARDS

- 1 - 2 Walk forward right in front of left, walk forward left in front of right
3 & 4 Right shuffle forward right-left-right
5 - 6 Rock forward on left, rock back on right
7 & 8 Left shuffle backward left-right-left

CROSS ROCK, RECOVER, SHUFFLE 1/2 TURN, CROSS ROCK, RECOVER, SHUFFLE 1/2 TURN

- 9 - 10 Cross rock right over left, recover weight on left starting right turn
11 & 12 Shuffle right, left, right turning 1/2 right
13 - 14 Cross rock left over right, recover weight on right starting left turn
15 & 16 Shuffle left, right, left turning 1/2 left

DIAGONAL CROSS-STEP, DIAGONAL SHUFFLE, DIAGONAL CROSS-STEP, DIAGONAL SHUFFLE

- 17 - 18 Cross right over left turning diagonally left, step back on left
19 & 20 Turn diagonally right & shuffle right, left, right in place
21 - 22 Cross left over right turning diagonally right, step back on right
23 & 24 Return forward & shuffle left, right, left in place

HEEL-HOOK, SHUFFLE, HEEL-HOOK, SHUFFLE

- 25 - 26 Touch right heel forward, hook right in front of left knee
27 & 28 Shuffle right, left, right in place
29 - 30 Touch left heel forward, hook left in front of right knee
31 & 32 Shuffle left, right, left in place

STEP FORWARD, PIVOT 1/2, SHUFFLE, STEP FORWARD, PIVOT 1/2, SHUFFLE

- 33 - 34 Step forward on right foot (drop right hands), pivot 1/2 turn left (man goes under left arm)
35 & 36 Shuffle forward right, left, right
37 - 38 Step forward on left foot, pivot 1/2 turn right (man goes under left arm)
39 & 40 Shuffle forward left, right, left (man picks up ladies right hand)

ROCK STEP, CROSS OVER SHUFFLE, ROCK STEP 1/4 TURN, SHUFFLE

- 41 - 42 Rock right on right, recover weight to left
43 & 44 Cross right foot in front of left, step left to the left, cross right foot in front of left
45 - 46 Rock left on left, recover weight to right turning 1/4 turn right
47 & 48 Shuffle left, right, left in place

/Man shuffles forward and slightly left, lady shuffles in place on counts 47&48

REPEAT