

## Single Ladies (Put A Ring On It)

64 Count, 2 Wall, Intermediate, Samba

Choreographer: Barry Durand (US) Oct 08

Choreographed to: Single Ladies (Put A Ring On It)  
by Beyonce

Intro: 19 counts. Start after she says "put your hands up"

The song is a Samba and some of the steps are genuine Samba steps and should be accented 1..a2, 3..a4, rather than 1&2, 3&4. These will be noted but you can do them all even. All of the 'a' counts are done on the ball of the foot, and all of the whole counts are done with the knee bent.

### **BOTA FOGO AND FORWARD AND BACK BASIC WITH ¼ TURN LEFT**

- 1a2 Cross left over right (bending knee slightly), step right to side, step left in place (turning to a left diagonal and bending knee slightly)
- 3a4 Cross right over left (bending knee slightly), step left to side, step right in place (turning to a right diagonal and bending knee slightly) When finished turn body back to front (12:00)
- 5a6 Step left forward, step right together, step left in place
- 7a8 Step right back, turn 1/8 left and step left together, turn 1/8 left and step right in place  
You have now turned ¼ turn to the left (9:00)
- 9-16 Repeat 1-8 (6:00)

### **FORWARD SAMBA WALKS, ½ TURN, SHUFFLE**

- 1a2 Step left forward, step right together, step left slightly forward
- 3a4 Step right forward, step left together, step right slightly forward  
This is like a shuffle that doesn't move much
- 5-6 Step left forward, turn ½ right (weight to right)
- 7&8 Chassé forward stepping left, right, left

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### **VOLTAS (CROSS & CROSS)**

This step should feel like drop, a drop, a drop etc

- 1 Cross left over right
- a2 Step right to side, cross left over right
- a3 Step right to side, cross left over right
- a4 Step right to side, cross left over right Sweep right around to front to do volta on the right foot
- 5 Cross right over left
- a6 Step left to side, cross right over left
- a7 Step left to side, cross right over left
- a8 Step left to side, cross right over left

### **CURVING VOLTA AND WALKS FAST PIVOT TURN**

This is the same steps you just finished, but adding a curve so that you do a ½ turn to the left.

- 1 Cross left over right
- a2 Turn 1/8 left and step right to side, cross left over right
- a3 Turn ¼ left and step right to side, cross left over right
- a4 Turn 1/8 left and step right to side, cross left over right
- 5-6-7 Walk forward right, left, right (big drama steps)
- 8&1 Step left forward, turn ½ right (weight to right), step left forward

### **FORWARD SLIDES & FLICK TURN**

- 2-3-4 Slide right together, step left forward, touch right together
- 5-6-7 Step right forward, slide left together, step right forward
- 8&1 Step left forward, turn ¼ left and step right to side, turn ¼ left and step left forward and flick right back

### **FLICK TURN, SPIN OR SHUFFLE, PADDLE TURN**

2-3&4 Step right forward, chassé forward stepping left, right, left, right

Or you can do a full or double turn on 3&4 to your right

The next 4 counts are like voltas in a very tight circle, turning 1 ½ to the right. The amount of each 3/8 turn is not important, as long as the total turn is 1 ½.

- 5 Step left forward (turn 3/8 left)
- a6 Step right side and slightly back, step left in place with TTO (turn 3/8 left)
- a7 Step right side and slightly back, step left in place with TTO (turn 3/8 left)
- a8 Step right side and slightly back, step left in place with TTO (turn 3/8 left)

REPEAT

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## RESTART

After the first time through, restart at the voltas section (count 33), then do counts 33-48. After the fast pivot turn you just start at the very beginning on the left. Do the dance all the way through once, then restart again at voltas (33), then do the dance all the way to count 47. Restart. It is strange and you will feel off, but you are not. Continue through the dance end paddle turn face facing front and put either (or both) hand up on the end.

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Music download available from iTunes

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