



Approved by:

Karen

Banana Coco

4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 & 2 3 & 4 5 & 6 7 & 8	Heel & Cross, Side Tap Tap (x 2) Touch right heel diagonally forward. Step right beside left. Cross left over right. Step right big step to right side. Tap ball of left next to right twice. Touch left heel diagonally forward. Step left beside right. Cross right over left. Step left big step to left side. Tap ball of right next to left twice.	Heel & Cross Side Tap Tap Heel & Cross Side Tap Tap	On the spot Right On the spot Left
Section 2 & 1 & 2 & 3 & 4 5 – 6 7 – 8 Tag/Restart	Syncopated Out Out In In x 2, Prissy Walks, Step, 1/4 Turn (With Hip Roll) Step right forward on right diagonal. Step left forward apart from right. Step right back to centre. Step left back beside right. Repeat counts & 1 & 2. Step right forward directly in front of left. Step left forward directly in front of right. Step right forward. Step left 1/4 turn left (right hip roll when turning left). Wall 6: Dance Tag 2 then Restart dance from the beginning.	Out Out In In Prissy Walks Step Quarter	Forward Back Forward Turning left
Section 3 1 – 2 3 & 4 5 – 6 7 & 8	Forward Rock, Back Cha Cha, Back Rock, Forward Cha Cha Rock forward on right. Recover onto left. Cha Cha back - right, left, right. Rock back on left. Recover onto right. Cha Cha forward - left, right left.	Rock Forward Back Cha Cha Rock Back Forward Cha Cha	On the spot Back On the spot Forward
Section 4 1 – 2 3 & 4 5 – 6 7 & 8	Side Rock, Cross Cha Cha (x 2) Rock right to right side. Recover onto left. Cross right over left. Step left to left side. Cross right over left. Rock left to left side. Recover onto right. Cross left over right. Step right to right side. Cross left over right.	Side Rock Cross Cha Cha Side Rock Cross Cha Cha	On the spot Left On the spot Right
Tag 1 1 – 2 3 – 4 & 5 & 6 & 7 & 8	End of Wall 4 (facing 12:00): Slow Out Out In In, Syncopated Out Out In In x 2 Step right forward on right diagonal. Step left forward apart from right. Step right back to centre. Step left back beside right. Step right forward on right diagonal. Step left forward apart from right. Step right back to centre. Step left back beside right. Repeat counts & 5 & 6.	Out Out In In Out Out In In Out Out In In	Forward Back Forward Back
Tag 2 1 – 4	Wall 6 (facing 6:00): Cross, Unwind 3/4 (then Restart) Cross right over left. Unwind 3/4 left over 3 counts. (9:00) Then start the dance again.		

Choreographed by: Karen Tripp (CA) February 2013

Choreographed to: 'Banana Coco (Video version)' by Liza Da Costa from CD Maybe; download available from amazon.co.uk or iTunes (8 count intro - start on vocals)

Tags: Two Tags, one after Wall 4 and one (followed by Restart) during Wall 6



A video clip of this dance is available at www.linedancermagazine.com