



Sinfull



Rob Fowler

Script approved by

INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Syncopated Coaster Step, Mambo 1/2 Turn, 1/4 Turn Touch x 2.		
1 - 2	Step back on left. Hold.	Back Hold	Back
& 3 - 4	Step right beside left. Step forward left. Step forward right.	Coaster Step	Forward
5 & 6	Rock forward on left. Recover onto right. Make 1/2 turn left onto left.	Rock & Turn	Turning left
7	Make 1/4 turn left touching right to right side.	Turn Turn	
8	Make 1/4 turn left touching right to right side.	Turn Turn	
Section 2	Syncopated Box Step, Touch, Press, Sailor Step.		
1 - 2	Cross right over left. Hold.	Cross Hold	Left
& 3 - 4	Step back on left. Step right to right side. Cross left over right.	Back Side Cross	Right
& 5 - 6	Touch right beside left. Press right ball diagonally forward right. Recover onto left.	Touch Press	Forward
7 & 8	Step right behind left. Step left beside right. Step right to right side.	Sailor Step	On the spot
Section 3	Syncopated Kicks & Knees, Cross, Full Unwind, Side.		
1 & 2	Kick left diagonally right. Step left to side. Touch right beside left (bend knee).	Kick Step Touch	Right
& 3	Step right to side. Touch left beside right, left knee bent.	Step Touch	
& 4 &	Step left to side. Kick right diagonally left. Step right to right side.	Side Kick Side	
5 - 6	Cross left over right. Unwind full turn right (weight on right).	Cross Unwind	Turning right
7 - 8	Step left to left side. Hold.	Side Hold	Left
Section 4	Left Weave, Rock & Cross, 3/4 Turn left, Mambo Full Turn Left.		
1 & 2	Step right behind left. Step left to side. Step right in front of left.	Behind Side Cross	Left
3 & 4	Rock left to left side. Recover onto right. Cross left over right.	Rock & Cross	Right
5 - 6	Turn 1/4 left stepping back right. Turn 1/2 left stepping forward left.	Quarter Half	Turning left
7 & 8	Step forward right. Turn 1/2 left (weight on left). Turn 1/2 left stepping back right.	Mambo Turn	



Music track available on the Crystal Boot Award Workshop CD 2006.
11 tracks produced by Tiny Dancer Records. See page 45 for details or call 01704 392300.



4 Wall Line Dance:- 32 Counts. Intermediate Level.

Choreographed by:- Rob Fowler (UK) November 2005.

Choreographed to:- 'Like It Or Not' by Madonna (120 bpm) from Confessions On A Dance Floor Album
(16 count intro after heavy beat)