



Line

Approved by:

Val Myers
Deana Randle

Simply Shadows

4 WALL - 32 COUNTS - BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Toe Fans, Side Rock, Cross Shuffle		
1 – 2	(Weight on left) Fan right toe out to right. Fan right toe in to centre.	Out In	On the spot
3 – 4	(Weight on left) Fan right toe out to right. Fan right toe in to centre.	Out In	
5 – 6	Rock right foot out to right side. Recover onto left.	Side Rock	
7 & 8	Cross right over left. Step left to left side. Cross right over left.	Cross Shuffle	Left
Section 2	Toe Fans, Side Rock, Cross Shuffle		
1	(Weight on right) Touch left heel beside right foot, left toe pointing out to left.	Out	On the spot
2 – 4	(Weight on right) Fan left toe in to centre. Fan left toe out. Fan left toe in to centre.	In Out In	
5 – 6	Rock left foot out to left side. Recover onto right.	Side Rock	
7 & 8	Cross left over right. Step right to right side. Cross left over right.	Cross Shuffle	Right
Section 3	Side Rock, Sailor Step x 2, Back Rock		
1 – 2	Rock right to right side. Recover onto left.	Side Rock	On the spot
3 & 4	Cross right behind left. Step left to left side. Step right to place.	Right Sailor	
5 & 6	Cross left behind right. Step right to right side. Step left to place.	Left Sailor	
7 – 8	Rock back on right. Recover onto left.	Rock Back	
Section 4	Jazz Box 1/4 Turn, Step, Hitch, Step, Stomp		
1 – 2	Cross right over left. Step left back.	Cross Back	Back
3 – 4	Turn 1/4 right stepping right to right side. Step left forward.	Quarter Step	Turning right
5 – 6	Step right small step slightly forward. Hitch left knee.	Step Hitch	Forward
7 – 8	Step left small step slightly forward. Stomp right gently beside left (weight on left).	Step Stomp	
Note	This can be a 1-wall dance by omitting the turn with the jazz box, provided those doing it are kept at the front of the floor and not distracted by those turning.		

Choreographed by: Deana Randle and Val Myers (UK) September 2013

Choreographed to: 'The Frightened City' by The Shadows (110 bpm); **FREE** download version by Glenn Rogers from www.linedancermagazine.com for Linedancer subscribers (12 count intro)

Music suggestion: 'The Whisky Ain't Workin'' by Travis Tritt (125 bpm), or many other tracks of similar speed



A video clip of this dance is available at www.linedancermagazine.com