

HEEL/TOE SPLITS

- 1,2 Pivoting on both soles split both heels apart, pivoting on both heels, split both toes apart
3,4 Pivoting on both heels return both toes home, pivoting on both soles, return both heels home.

JUMP FORWARD SYNCOPATED JUMP FORWARD

- 5,6 With feet together jump forward twice.
7 & 8 With feet together jump forward three times to two beats of music.

JUMP, CROSS, UNWIND, HOLD

- 9,10 Jump onto both feet landing with feet spread apart, jump and land with feet crossed right foot over left.
11,12 Pivoting on soles of both feet make a 1/4 turn to left transferring weight to left foot (take two beats to unwind.)

WALK, WALK, KICK-BALL-CROSS

- 13,14 Step forward onto right foot, step forward onto left foot.
15 & 16 Kick right foot forward, step down on sole of right foot in or slightly back of home position, cross and step left foot over in front of right.

GRAPEVINE RIGHT, STOMP

- 17,18 Step onto right foot to right side, step onto left foot to right side crossing behind right.
19,20 Step onto right foot to right side, stomp left foot in home position (may be a touch).

GRAPEVINE LEFT WITH 1/2 TURN, SCUFF

- 21,22 Step onto left foot to left side, step onto right foot to left side crossing behind left.
23,24 Step onto left foot to left side, pivoting on sole of left foot make a 1/2 turn to left while scuffing right foot during turn.

GRAPEVINE RIGHT, STOMP

- 25,26 Step onto right foot to right side, step onto left foot to right side crossing behind right.
27,28 Step onto right foot to right side, stomp left foot in home position (may be a step together).

POPCORN KNEES

- 29,30 Rotate right knee to the right in to out, rotate left knee to the left in to out.
31,32 Rotate right knee to the right in to out, rotate left knee to the left in to out.

HEEL-BALL-CROSS, HIP BUMPS

- 33 & 34 Touch left heel forward, step back on left foot, cross and step right foot over left.
35,36 Step left foot to left and bump hips to left, bump hips to right

HEEL-BALL-CROSS, HIP BUMPS

- 37 & 38 Touch right heel forward, step back on right foot, cross and step left foot over right.
39,40 Step right foot to right and bump hips to right, bump hips to left.

CROSS, UNWIND, HEEL, TOGETHER, TOE, TOGETHER

- 41,42 Cross right foot over left, weight on both feet, pivoting on the soles of both feet make a 1/2 turn to left transferring weight to right
43,44 Touch left heel forward, step onto left foot next to right.
45,46 Touch right toe back, step onto right foot next to left.

CROSS, UNWIND, HEEL, TOGETHER, TOE, TOGETHER

- 47,48 Cross left foot over right weight on both feet, pivoting on the soles of both feet make a 1/2 turn to right transferring weight to left
49,50 Touch right heel forward, step onto right foot next to left.
51,52 Touch left toe back, step onto left foot next to right.

REPEAT