

WALK FORWARD, STOMP TWICE, ROCK, RECOVER/RONDE, SAILOR SHUFFLE

- 1 - 2 Step forward with left foot, step forward with right foot
3 - 4 Stomp left foot forward, no weight, stomp left foot slightly forward of where it was, with weight
5 - 6 Rock right foot slightly across in front of left, recover weight back to the left foot as the right toe does an outward ronde (floor sweep) from front to back
7 & 8 Step right foot crossed behind left, rock ball of left foot to left side, step right foot slightly forward

SYNCOPATED KICK & TOE TAPS

- 1 & 2 & Kick left foot forward, step on left foot across in front of right turning body to right 45 degree angle, tap the tip of right toe crossed behind left leg, step back on right foot returning body to face front
3 & 4 & Kick left foot forward, small step to left side with left foot, kick right foot forward, step right foot across in front of left turning body to left 45 degree angle
5 & 6 & Tap the tip of the left toe crossed behind right leg, step back on left foot returning body to face front, kick right foot forward, small step to right side with right foot
7 & 8 Kick left foot forward, step left foot across in front of right turning body to right 45 degree angle, tap the tip of the right toe crossed behind left leg

TURN 1/2 LEFT, TRAVELING KICK BALL CHANGE, STEP, 1/2 TURN RIGHT TRIPLE

- 1 Step back on right foot returning body to face front
& Turn 1/4 left on right foot, small step to left side with left foot
2 Turn 1/4 left on left foot, step forward with right foot
3 & 4 Kick left foot forward, small step forward with ball of left foot, step forward with right foot

/The momentum of the 1/2 turn left on 1&2 should make your body continue to move forward on 3&4

- 5 - 6 Step forward with left foot, turn 1/2 right shifting weight to right foot
7 & 8 Step forward with left foot, step together with right foot, step forward with left foot

SIDE, RECOVER, CROSS BALL CHANGE WITH 1/4 TURN RIGHT, SWIVEL WALK 1/2 TURN RIGHT

- 1 - 2 Rock right foot to right side, recover weight to left foot
3 & 4 Step right foot across in front of left, rock ball of left to left side, turning 1/4 right, step forward on right foot
5 Step forward with left foot, toe turned out, allowing right foot to swivel naturally
6 Turn 1/4 right on left foot, step forward with right foot, toe turned out
7 Step forward with left foot, toe turned out, allowing right foot to swivel naturally
8 Turn 1/4 right on left foot, step forward with right foot, toe turned out

REPEAT