

**TOE-TOUCHES, RIGHT KICK-BALL-TOUCH**

- 1 Touch right foot to right side  
2 Touch right foot beside left  
3 Kick right foot forward  
& Step on right foot beside left  
4 Touch left foot beside right

**TOE-TOUCHES, LEFT KICK-BALL-TOUCH**

- 5 Touch left foot to left side  
6 Touch left foot beside right  
7 Kick left foot forward  
& Step on left foot beside right  
8 Touch right foot beside left

**TOE-TOUCHES, RIGHT KICK-BALL-TOUCH**

- 9 Touch right foot to right side  
10 Touch right foot beside left  
11 Kick right foot forward  
& Step on right foot beside left  
12 Touch left foot beside right

**TOE-TOUCHES, LEFT KICK-BALL-TOUCH**

- 13 Touch left foot to left side  
14 Touch left foot beside right  
15 Kick left foot forward  
& Step on left foot beside right  
16 Touch right foot beside left

**RIGHT SHUFFLE BACK**

- 17 Step back on right foot  
& Step on left foot beside right  
18 Step back on right foot

**LEFT SHUFFLE BACK-TURN**

- 19 Step back on left foot beginning a 1/2 turn left  
& Step on right foot beside left  
20 Step back on left foot finishing 1/2 turn left

**SYNCOPATED ROCK-STEPS**

- 21 Rock forward on right foot  
22 Rock back on left foot  
& Step on right foot turning 1/4 right  
23 Rock forward on left foot  
24 Rock back on right foot

**LEFT SHUFFLE BACK**

- 25 Step back on left foot  
& Step on right foot beside left  
26 Step back on left foot

**RIGHT SHUFFLE BACK**

- 27 Step back on right foot  
& Step on left foot beside right  
28 Step back on right foot

**HEEL & TOE (TWICE)**

- 29 Touch left heel forward  
& Step on left foot beside right

30 Touch right foot back  
& Step on right foot beside left  
31 Touch left heel forward  
& Step on left foot beside right  
32 Touch right foot back

**REPEAT**

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