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1-8

Shut Up & Let Me Go

32 Count, 4 Wall, Intermediate Choreographer: John "Grrowler" Rowell (UK) Sept 2008

Choreographed to: Shut Up And Let Me Go by The Ting Tings (108 bpm), CD: We Started Nothing

Intro: 0 seconds then 16 counts / 9 seconds (Vocals start on second wall) Numbers in square brackets [] indicate facing wall and turn rotation. Start facing [9]

Ball Cross, Kick Right, Behind-Side-Front, Pop, Twist, Left Shuffle.

&1-2 3&4 5 (5) 6 (6) 7&8	(&) Step right next to left, (1) cross left over right, (2) low kick forward with right. [9] (3) Step right behind left, (&) step left to left, (4) cross right over front of left. [9] Tap left toe forward popping left knee across right. [9] Keeping toe on floor turn knee back to 9 o'clock. [9] (7) Step left forward, (&) step right next to left, (8) step left forward. [9]
9-16 1-2 3-4& 5-6 7&8	Step-1/2 Pivot, Right Dorothy, Out Left-Right, Ball Cross, Step Left. (1) Step right forward, (2) pivot 1/2 turn left. [CCW, 3] (3) Step right forward on right diagonal, (4) lock left behind right, (&) step right forward on diagonal. [3] (5) Step left to left bumping hip left, (6) step right to right bumping hip right. [3] (7) Step left next to right, (&) cross right over left, (8) step left to left. [3]
17-24 1-2 Option: 3&4 5-6& 7-8	Back Right-Left, Right Coaster Step, Step Left Turning Right, Back Rock, Recover, 1/4 Turn Right, 1/2 Turn Right. (1) Step back right, (2) step back left. [3] Steps 1, 2 can be replaced with a full turn right travelling backwards (3) Step back right, (&) step left next to right, (4) step forward right. [3] (5) Step left forward turning 1/4 right [CW], (6) rock right behind left, (&) recover on left. [6] (7) Step right 1/4 turn right [CW], (8) on ball of right pivot 1/2 right stepping back on left. [CW. 3]
25-32 1-2 3&4 5-6 7&8	1/4 Turn Right, Forward Left-Right, Knee Pops, Cross-Unwind, Cross-Step-Tap. (1) Step right 1/4 turn right [CW], (2) step forward left. [6] (3) Step forward right, (&) lift both heels popping knees forward, (4) drop both heels. [6] (5) Cross right over front of left, (6) unwind 1/2 turn left. [CCW, 12] (7) Cross right over front of left, (&) step left to left, (8) tap right toe to right. [12]
Start ag	ainwith a BIG smile

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