



Approved by:

Maureen *Michelle*

Balance

2 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 & 2 3 – 4 5 – 6 7 & 8	Kick Ball Back, Back, Behind 1/2 Unwind, Step, Pivot 1/2, Forward Shuffle Kick right forward. Step right back. Step left back. Step right back. Touch left behind right, unwinding 1/2 turn left. Step right forward. Pivot 1/2 turn left. Step right forward. Close left beside right. Step right forward.	Kick Ball Back Back Unwind Step Pivot Right Shuffle	Back Turning left Forward
Section 2 1 – 2 3 – 4 5 – 6 7 – 8	Full Turn, Step, Pivot 1/4, Cross, Side, Back Rock Make 1/2 turn right and step left back. Make 1/2 turn right and step right forward. Step left forward. Pivot 1/4 turn right. Cross left over right. Step right to right side. Rock left behind right. Recover onto right.	Full Turn Step Quarter Cross Side Rock Back	Turning right Right On the spot
Section 3 1 & 2 3 – 4 5 & 6 7 – 8 Styling	Kick Ball Cross, Side, Behind, Kick Ball Cross, Balance Step Kick left to left side. Step left to left side. Cross right over left. Step left to left side. Cross right behind left. Kick left to left side. Step left to left side. Cross right over left. Touch left to left side, rising onto toes. Transfer weight onto left and lower heels. Counts 7 - 8: spread arms out to sides as if balancing.	Kick Ball Cross Side Behind Kick Ball Cross Toes Heels	Left On the spot
Section 4 1 – 2 3 & 4 5 – 6 7 – 8	Back Rock, 1/4 Turn Shuffle, 1/2 Spin, Back Rock, 1/4 Spin Rock right behind left. Recover onto left. Turn 1/4 right stepping right forward. Close left beside right. Step right forward. Spin 1/2 turn right and step left back. Rock right back. Recover onto left. Spin 1/4 turn left and step right to right side.	Rock Back Turn Shuffle Spin Rock Recover Spin	On the spot Turning right Turning left
Section 5 1 – 2 3 & 4 5 – 6 7 & 8	Behind, Side, Cross Shuffle, Side, Touch, Chasse 1/4 Turn Cross left behind right. Step right to right side. Cross left over right. Step right to right side. Cross left over right. Step right to right side. Touch left beside right and click fingers to right side. Step left to left side. Close right beside left. Turn 1/4 left and step left forward.	Behind Side Cross Shuffle Side Touch Chasse Quarter	Right Turning left
Section 6 1 – 2 3 – 4 5 – 6 7 – 8	Step, Spin Full Turn, Step, Sweep, Rock, 3/4 Turn Step right forward. Spin full turn left hooking left across right. Step left forward. Sweep right from back to front. Rock forward on right. Recover onto left. Turn 1/2 right and step right forward. Turn 1/4 right and step left to left side.	Step Spin Step Sweep Rock Forward Half Quarter	Turning left Forward On the spot Turning right
Section 7 1 – 2 3 & 4 5 – 6 7 – 8	Behind, Side, Cross Shuffle, Side, Touch, 1/4 Turn, Sweep Cross right behind left. Step left to left side. Cross right over left. Step left to left side. Cross right over left. Step left to left side. Touch right beside left and click fingers to left side. Make 1/4 turn right and step right forward. Sweep left from back to front.	Behind Side Cross Shuffle Side Touch Turn Sweep	Left Turning right
Section 8 1 – 2 & 3 – 4 5 – 6 & 7 – 8	Cross, Back, & Point, Touch, Walk, Walk, & Side, Touch Cross left over right. Step right back. Step left beside right. Point right to right side. Touch right beside left. Walk forward right. Walk forward left. Step right beside left. Step left large step to left. Touch right beside left.	Cross Back & Point Touch Walk Walk & Side Touch	Back On the spot Forward Left

Choreographed by: The Girls (Maureen and Michelle) (UK) May 2011

Choreographed to: 'A Balance To all Things' by Toploader (135 bpm) from CD Only Human; also available as download from amazon.co.uk or iTunes (32 count intro)



A video clip of this dance is available at www.linedancermagazine.com