

Commence when the beat kicks in ( after 30 seconds )

**Walk, walk, lock step forward, rock, recover, ½ shuffle turn left, walk, walk, lock step forward, ¼ pivot turn right, cross shuffle**

- 1 – 2 Walk forward on right, walk forward on left  
3&4 Step forward on right, lock left behind right, step forward on right  
5-6 Rock forward on left, recover on right  
7&8 ½ turning shuffle left stepping left, right, left  
9-10 Walk forward on right, walk forward on left  
11&12 Step forward on right, lock left behind right, step forward on right  
13-14 Step forward on left, ¼ pivot right transferring weight to right  
15&16 Cross left over right, right to right, cross left over right  
Advanced alternative to steps 7&8 – 1 ½ shuffle turn left

**Large step to right, slide left towards right, 2 heel switches, large step to left, turn ¼ right and Slide right towards left, 2 heel switches, rock forward, recover, coaster step, rock, recover, ½ shuffle turning left**

- 17-18 Large step to right (angle body slightly to left diagonal), slide left towards right (no weight)  
19&20& Left heel forward, close left to right, right heel forward, close right to left (straightening up)  
21-22 Large step to left, turn ¼ to right and slide right towards left (no weight)  
23&24& Right heel forward, close right to left, left heel forward, close left to right  
25-26 Rock forward on right, recover on left  
27&28 Step back on right, close left to right, step forward on right  
29-30 Rock forward on left, recover on right  
31&32 ½ turning shuffle left stepping left, right, left  
Advanced alternative to: coaster step 27 & 28 – full triple turn right  
½ shuffle turn 31 & 32 – 1 ½ triple turn left

**Cross, side, back, close, kick diagonal to right, close, cross, side, back, close, kick diagonal to left, close, cross, hold, step, cross, point, forward, side, rock, forward, side rock**

- 33-34 Cross right over left, step left to left  
35&36& Step back on right behind left (angle body to right diagonal), close left to right, kick right to right diagonal, close  
37-38 Cross left over right, step right to right  
39&40& Step back on left behind right (angle body to left diagonal), close right to left, kick left to left diagonal, close  
41-42 Cross right over left, hold  
&43-44 Step left to left, cross right over left, point left to left  
45&46 Step forward on left, rock right to right (on ball of foot), recover on left  
47&48 Step forward on right, rock left to left (on ball of foot), recover on right

**Rock forward, recover, ½ turn left & step forward, rock forward, recover, ¼ turn right & step to side, rock forward, recover, point back, reverse pivot left, kick, ball, change, 2 sailor steps travelling backwards**

- 49-50 Rock forward on left, recover on right  
51-52 Turn ½ left stepping forward on left, rock forward on right  
53-54 Recover on left, turn ¼ right stepping right to right  
55-56 Rock forward on left, recover on right  
57-58 Touch left toe back, turn ½ left transferring weight to left  
59&60 Kick right forward, step onto ball of right, step in place on left  
61&62 Step right behind left, step left to left, step slightly back on right  
63&64 Step left behind right, step right to right, step slightly back on left