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- S - 1      Syncopated Rumba Box. Back Rock. & 1/2 Turn Left. Left Behind & Cross**  
1 & 2      Step Right to Right side. Close Left beside Right. Step forward on Right  
3 & 4      Step Left to Left side. Close Right beside Left. Step back on Left  
5 & 6      Rock back on Right. Rock forward on Left. Make 1/2 turn Left stepping back on Right  
7 & 8      Cross Left behind Right. Step Right to Right side. Cross step Left over Right. (6:00)
- S - 2      Heel Swivels with Hip Bumps. Right Behind & Cross. Side Step Left. Touch. Side Step Right. Kick Out. Left Coaster 1/4 Turn Left.**  
1      Press Right toe out to Right side whilst swivelling Right heel Right and Bumping hips Right  
&      Swivel Right heel Left whilst Bumping hips Left.  
2      Swivel Right heel Right whilst Bumping hips Right. (Weight on Left)  
3 & 4      Cross Right behind Left. Step Left to Left side. Cross step Right over Left  
5 &      Step Left to Left side. Touch Right toe beside Left  
6 &      Step Right to Right side. Kick Left out to Left side  
7 & 8      Make 1/4 turn Left stepping back on Left. Step Right beside Left. Step forward on Left. (3:00)
- S - 3      Right Mambo 1/2 Turn Right. Step. Pivot 1/2 Turn Right. Step Forward. Diagonal Step Forward. Touch with Hip Bumps. Diagonal Steps Back with Touch.**  
1 & 2      Rock forward on Right. Rock back on Left. Make 1/2 turn Right stepping forward on Right. (9:00)  
3 & 4      Step forward on Left. Pivot 1/2 turn Right. Step forward on Left. (3:00)  
5 &      Step Right Diagonally forward Right. Touch Left toe beside Right whilst Bumping hips forward  
6 &      Recover weight on Left whilst Bumping hips Diagonally back. Bump hips Diagonally forward  
7 &      Step Left Diagonally back Left. Touch Right toe beside Left  
8 &      Step Right Diagonally back Right. Touch Left toe beside Right
- S - 4      Left Coaster Step. Right Lock Step Forward. Left Mambo 1/2 Turn Left. 3 x Runs Forward. Together.**  
1 & 2      Step back on Left. Step Right beside Left. Step forward on Left.  
3 & 4      Step forward on Right. Lock step Left behind Right. Step forward on Right.  
5 & 6      Rock forward on Left. Rock back on Right. Make 1/2 turn Left stepping forward on Left.  
7 & 8 &      Run forward on Right. Left. Right. Step Left beside Right. (Facing 9:00)
- Option:      Counts 7&8 above --- Full turn Left stepping Right. Left. Right. (Travelling forward)**  
**Start Again**
- Ending:      Music finishes at the End of Wall 7 (Facing 3:00) ... Make 1/4 turn Left stepping Right Long Step to Right side, Dragging Left towards Right. (End Facing 12:00)**
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