

**SHUFFLE FORWARD, ROCK-STEP, SHUFFLE BACK, ROCK-STEP**

- 1 & 2 Shuffle forward: right, left, right  
3 - 4 Rock forward on left foot, step back in place on right foot  
5 & 6 Shuffle back: left, right, left  
7 - 8 Rock back on right foot, step forward in place on left foot

**1/2 TURNING SHUFFLE, ROCK-STEP; 1/2 TURNING SHUFFLE, ROCK-STEP**

- 1 & 2 Shuffle forward as you 1/2 turn to the left: right, left, right  
3 - 4 Rock back on left foot, step forward in place on right foot  
5 & 6 Shuffle forward as you 1/2 turn to the right: left, right, left  
7 - 8 Rock back on right foot, step forward in place on left foot

**SIDE-TOGETHER-SIDE-STEP, SIDE HOPS & SHIMMIES**

- 1 - 2 Step right foot to right side, slide and step left foot beside right  
3 - 4 Step right foot to right side, slide and step left foot beside right  
& 5 Small, quick jump side right onto right foot, step left foot beside right  
6 Hold position and shimmy shoulders  
& 7 Small, quick jump side right onto right foot, step left foot beside right  
8 Hold position and shimmy shoulders

**SIDE-TOGETHER-SIDE-STEP, SIDE HOPS & SHIMMIES**

- 1 - 2 Step left foot to left side, slide and step right foot beside left  
3 - 4 Step left foot to left side, slide and step right foot beside left  
& 5 Small, quick jump side left onto left foot, step right foot beside left  
6 Hold position and shimmy shoulders  
& 7 Small, quick jump side left onto left foot, step right foot beside left  
8 Hold position and shimmy shoulders

**HEEL TAPS AND HEEL SWITCHES**

- 1 Place ball of right foot forward  
3 - 4 Keeping ball of right foot planted, tap right heel in place 3 times  
& 5 Quickly step right foot back beside left foot, place ball of left foot forward  
6 - 8 Keeping ball of left foot planted, tap left heel in place 3 times

**HEEL SWIVELS****/4th time through dance, drop counts 5-8, one time only**

- 1 - 2 Step left foot back beside right foot and swivel both heels to the left, hold position  
3 - 4 Swivel both heels to the right, hold position  
5 - 8 Swivel both heels: left, right, left, right

**REPEAT**

**/In order for the dance and song to remain in phrase, drop heel swivels for counts 5,6,7,8 from the last 8 counts, the fourth time through only. Therefore, the fourth time through the dance you will swivel both heels left, hold; swivel both heels right, hold, and then start the dance over from the beginning.**