

**Step Drag Heel Twists**

- 1 - 2 Step Long To Left, drag Right To Left & Twist Heels To Left.  
3 & 4 Twist Heels R.l. centre (weight On Left)  
5 - 6 Step Right Long To Right, Drag Left To Right & Twist Heels To Right.  
7 & 8 Twist Heels L.r. Centre (weight On Right)

**Step, Lock, Step, step, Sway, 1/2 Turn Triple Step, Sway**

- 1 & 2 Step Fwd Long On Left, Slide Right Behind Left, Step Fwd On Left.  
3 - 4 Step Fwd On Right & Bend Knees Whilst Swaying Fwd. (straighten Legs, leaving Weight On Right)  
5 & 6 Step Back On Left Making 1/2 Turn Triple Step To Right, L.r.l.  
7 - 8 Step Fwd On Right & Bend Knees Whilst Swaying Fwd, (straighten Legs, Leaving Weight On Right)

**Repeat Steps 1-6 Above!**

- 7 - 8 Rock Fwds On Right, Rock Back On Left.

**Back Shuffles, Right Kick & Sweep, 1/2 Turn Right, Coaster Step.**

- 1 & 2 Shuffle Back R.l.r.  
3 & 4 Shuffle Back L.r.l.  
5 - 6 Kick Right Foot Fwd Slightly, Sweep Right Back Into 1/2 Turn Right, (weight On Right)  
7 & 8 Step Back On Left, Step Right Next To Left, Step Left Fwd.

**Fwd Shuffle, Toe Points, Sailor Shuffles.**

- 1 - 2 Shuffle Fwds R.l.r.  
3 & 4 Touch Left Toe To Left, Touch Left Toe To Right Foot, Touch Left Toe To Left.  
5 & 6 Step Left Behind Right, Step Right To Right, Step Left To Left.  
7 & 8 Step Right Behind Left, Step Left To Left, Step Right To Right.

**Cross Rock, Side Together, Fwd 1/2 Pivot Step, 1/2 Pivot, Step Step.**

- 1 - 2 Cross Left Over Right & Rock Back On Right.  
3 & 4 Step Left To Left, Step Right Next To Left, Step Left Fwd.  
5 - 6 Step Fwd On Right, Pivot 1/2 Turn Left, Step Fwd On Left.  
7 & 8 Step Fwd On Right, Pivot 1/2 Turn To Left, Step Fwd On Left & Step Right Next To Left.  
Tag: This Dance Has A 6 Count Tag At The End Of The 2nd. Wall To Fit The Phrasing Of The Music.

**Angle Shuffles, stomps.**

- 1 & 2 Shuffle At 45 Deg To Left L.r.l  
3 & 4 Shuffle At 45 Deg To Right R.l.r  
5 - 6 Stomp Left To Centre, Stomp Right Next To Left.

**At The End Of The Tag, Start Dance Again At The Beginning.**