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- (1 - 8) Rock Forward, Recover, 1/2 turn right, Rock forward, Recover, 1/4 turn left, Rock Forward, Recover**
- 1 - 2 Rock forward right(1), Recover weight onto left foot(2)  
3 Make  $\hat{A}$  $\frac{1}{2}$  turn right stepping forward on right(3), (facing 6 o'clock)  
4 - 5 Rock forward on left(4), Recover weight onto right(5).  
6 Make  $\hat{A}$  $\frac{1}{4}$  turn left stepping forward on left(6). (facing 3 o'clock)  
7 - 8 Rock forward on right(7), Recover weight onto left(8).
- (9 - 16) 1/2 turn right, Rock forward, Recover, Sweep behind, Side, Step forward, Rock Forward, Recover**
- 1 Make  $\hat{A}$  $\frac{1}{2}$  turn right stepping forward on right(1), (facing 9 o'clock)  
2 - 3 Rock forward on left(2), Recover weight onto right(3),  
4 Sweep left foot from in front of right foot to behind(4)  
5 & Step left behind right(5), Step right to right side(&),  
6 - 7 Step forward left(6), Rock forward on right(7),  
8 Recover weight onto left(8).
- (17 - 24) 1/4 turn right, 1/2 turn right, 1/2 turn right, Cross, Back & Cross, Side Behind & Cross**
- 1 Make a  $\hat{A}$  $\frac{1}{4}$  turn right stepping right to right side(1), (facing 12 o'clock)  
& Make  $\hat{A}$  $\frac{1}{2}$  turn right stepping left to left side(&), (facing 6 o'clock)  
2 Make a  $\hat{A}$  $\frac{1}{2}$  turn right stepping right to right side(2), (facing 12 o'clock)  
3 - 4 Cross left over right(3), Step back on right(4),  
& 5 Step left to left side(&), Cross right over left(5),  
6 - 7 Step left to left side(6), Cross right behind left(7),  
& 8 Step left to left side(&), Cross right over left(8).
- (25 - 32) Left rock, Recover, Behind, 1/4 right, Step forward, Rock forward, Recover, Back right shuffle.**
- 1 - 2 Rock Left to left side(1), Recover weight onto right(2),  
3 & Cross left behind right(3). Make a  $\hat{A}$  $\frac{1}{4}$  turn right stepping forward on right(&).(facing 3 o'clock)  
4 Step forward on left(4),  
5 - 6 Rock forward right(5), Recover weight onto left(6),  
7 & 8 Back right shuffle stepping back on right(7), Step left next to right(&), Step back on right(8).
- (33 - 40) Step back, Drag, Rock back, Recover, Walk forward right, left, Cross, Back, forward**
- 1 - 2 Step back on left(1), Drag right foot back(2),  
3 - 4 Rock back on right foot(3), Recover weight onto left(4),  
5 - 6 Walk forward right(5), Left(6),  
7 & Cross right over left(7), Step back slightly on left foot(&),  
8 Step forward on right foot(8).
- (41 - 48) Cross, Back, 1/4 turn left, Cross, Hold, Side, Behind, 1/4 turn left, Rock forward, Recover**
- 1 - 2 Cross left over right(1), Step back on right(2),  
& Make a  $\hat{A}$  $\frac{1}{4}$  turn left stepping left to left side(&), (facing 12 o'clock)  
3 - 4 Cross right over left(3), Hold(4),  
5 & Step left to left side(5), Cross right behind left(&),  
6 Make a  $\hat{A}$  $\frac{1}{4}$  turn left stepping forward on left(6). (facing 9 o'clock)  
7 - 8 Rock forward on right(7), Recover weight onto left(8).
- (49 - 56)  $\hat{A}$  $\frac{1}{4}$  turn right, cross, side,  $\hat{A}$  $\frac{1}{2}$  turn left, Hold, Together, Cross, Side,  $\hat{A}$  $\frac{1}{2}$  turn left, Hold.**
- & Make a  $\hat{A}$  $\frac{1}{4}$  turn right stepping right to right side(&), (facing 6 o'clock)  
1 - 2 Cross left over right(1), Step right to right side(2)  
3 Make a  $\hat{A}$  $\frac{1}{2}$  turn left stepping left to left side(making sure you keep weight on left foot)(3),(facing 12 o'clock)  
4 Hold(4),  
& 5 Step right next to left(&), Cross left over right(5),  
6 Step right to right side(6),  
7 Make a  $\hat{A}$  $\frac{1}{2}$  turn left stepping left to left side(making sure you keep your weight on your left foot)(7),(facing 6 o'clock)

8 Hold(8)

**(57 - 64) Cross, Back, Side, Cross, 1/4 turn left, Back left shuffle, Rock Back, Recover**

1 - 2 Cross right over left(1), Step back left(2),  
& 3 Step right to right side(&), Cross left over right(3),  
4 Make a ¼ turn left stepping back on right(4), (facing 3 o'clock)  
5 & 6 Back left shuffle stepping back on left(5), Step right next to left(&), Step back on left(6),  
7 - 8 Rock back right(7), Recover weight onto left foot(8).

**Restarts & Tags**

**On the 2nd sequence after count 56 restart the dance.**

**At the end of the 4th Sequence after count 64 add the following steps**

1 - 2 Rock forward right(1), Recover weight onto left(2),  
3 - 4 Rock back right(3), Recover weight onto left(4).  
5 - 6 Step forward right(5), Pivot 1/2 turn left transferring weight onto left foot(6),  
7 - 8 Step forward right(7), Pivot 1/2 turn left transferring weight onto left foot(8)

**Then restart the dance**

**On the 5th sequence after count 33 add the following**

1 - 2 Drag your right foot back over the count (1-2)  
3 - 4 Rock back on right foot(3), Recover weight onto left foot(4)

**Then restart the dance again**

**count in - 32 counts, start on vocals (shes a yellow pair of running shoes)**

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