

She's Awesome

32 Count, 4 Wall, Beginner

Choreographer: Mick Bennett (UK) October 2010
Choreographed to: She's Awesome by The Bellamy
Brothers (108bpm); Old Time Rock And Roll
by Status Quo (134bpm)

16 count intro (4 count intro)

Right Heel, Toe, Right Shuffle Forward, Left Heel, Toe, Left Shuffle Forward

1-2 Dig Right heel forward, Touch Right toe back
3&4 Shuffle forward R, L, R
5-6 Dig Left heel forward, Touch Left toe back
7&8 Shuffle forward L, R, L

Rock Forward, Recover, Right Shuffle Back, 2 * Walks Back, Left Coaster Step

1-2 Rock forward on Right, Recover weight to Left
3&4 Shuffle back R, L, R
5-6 Walk back L, R
7&8 Step back on Left, Close Right to Left, Step forward on Left

Rock Right, Cross Shuffle, Rock Left, Cross Shuffle

1-2 Rock Right to Right side, Recover weight to Left
3&4 Cross Right over Left, Step Left to Left side, Cross Right over Left
5-6 Rock Left to Left side, Recover weight to Right
7&8 Cross Left over Right, Step Right to Right side, Cross Left over Right

Rock Right, Recover ¼ Left, Shuffle Forward, Rock, Recover, Step Back, Touch

1-2 Rock Right to Right side, Make ¼ turn Left as you recover weight to Left (9)
3&4 Shuffle forward R, L, R
5-6 Rock forward on Left, Recover weight to Right
7-8 Step back on Left, Touch Right toe next to Left

Music: Any music that phrases with 32 counts - preferably cha-cha(ish) rhythm
