

She Wolf

32 Count, 4 Wall, Intermediate

Choreographer: Jo & John Kinser and Mark Furnell
(UK) Sept 2009

Choreographed to: She Wolf by Shakira, CD Single
(123 bpm)

Start 32 counts in.

(1-8) Rock Step, Step Lock Back, ½ Turn, Hold, & Back & Back

- 1,2 Rock Rt Fwd, Replace Weight on Lt
- 3&4 Step Rt back, Lock Lt over Rt, Step Rt Back
- &5,6 Make 1/2 Turn Lt stepping Lt in place, Step Rt to Rt (weight even), Hold
- &7 Step Rt Back, Step Lt to Lt
- &8 Step Rt Back, Step Lt to Lt

(9-16) Rock Back, Walk Fwd, ¼ Rock & Cross, ¼ Turn

- 1,2 Rock Rt back, Replace Weight on Lt
- 3,4 Walk Fwd Rt, Lt
- 5&6 Make ¼ Turn Lt Rocking Rt to Rt, Replace weight Lt, Step Rt over Lt
- 7,8 Make ¼ Turn Rt stepping back Lt, Make ¼ Turn Rt stepping Rt to Rt

Restart Here. Note on Count 8 Touch Rt in place.

(17-24) Cross Rock, Chasse Step, Cross ¼, Coaster Step

- 1,2 Rock Lt over Rt, Replace weight Rt
- 3&4 Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt
- 5,6 Cross Rt over Lt, Make ¼ Turn Rt stepping back Lt
- 7&8 Step Rt back, Step Lt next to Rt, Step Rt Fwd (Prep for Turn)

(25-32) Full Turn, ¾ Turn, Rock & Step, & Pop & Pop

- 1,2 Make ½ Turn Rt stepping back Lt, Make ½ Turn Rt stepping Fwd Rt
- 3&4 Step Lt fwd, Make ½ Turn Rt (weight Rt), Make ¼ Turn Rt stepping Lt to Lt
- 5&6 Rock Rt back, Replace weight Lt, Step Rt to Rt
- &7&8 Pop Knees Fwd, Replace weight central, Pop Knees Fwd, Replace weight Lt

Restart: After the 4th Rotation, Dance 16 Counts and Start Again Facing 9 o'clock.

HAVE FUN !!