

Shangri-La (Lost Island)

64 Count, 2 Wall, Improver, Cha Cha

Choreographer: John Sandham & Kry's (UK) Dec 2013

Choreographed to: Island by Eddy Raven (iTunes)

Sec 1: Cross rock-recover-side, cross rock- recover-side

1 2 3&4 Cross rock Right-recover on left - right side- tog- side.

5 6 7&8 Cross rock left-recover on right – left side-tog-side

Sec 2: Step ½ pivot shuffle forward. step ½ pivot shuffle fwd.

1 2 3&4 Step right fwd- ½ pivot left-Right shuffle fwd

5 6 7&8 Step left fwd- ½ pivot right-Left shuffle fwd

Sec 3: Right side behind ¼ right, ¼ ½ side behind

1 2 3&4 Step right side-cross left behind-1/4 turn right on right left right.

5 6 7 8 Step on left ¼ right-step on right ½ right. Step left to side. Step right behind left.

Sec 4: ¼ left 2 3 ¼ pivot ¼ pivot ¼ pivot

1&2 3 4 ¼ turn left on left right left. Step fwd right-1/4 pivot left.

5 6 7 8 Step fwd right-1/4 pivot left. Step fwd right-1/4 pivot left.

Sec 5: Cross rock recover side, cross rock recover sway

1 2 3&4 Cross rock right over left-recover-cha cha cha right side.

5 6 7 8 Cross rock left over right-recover-sway left –then right.

Sec 6: Cross rock recover sway. Cross rock recover side

1 2 3 4 Cross rock left over right- recover-sway left-then right.

5 6 7&8 Cross rock left over right. Recover- cha cha cha left side.

Sec 7: Rock fwd recover ½ turn, ½ turn, rock back recover

1 2 3&4 Rock fwd on right-recover-1/2 turn right on right left right.

5&6 7 8 1/2 turn right on left right left. Rock back on right-recover on left.

Sec 8: Right shuffle left shuffle ¼ pivot ¼ pivot

1&2 3&4 Shuffle fwd right left right. Then left right left.

5 6 7 8 Step fwd right. ¼ pivot left. Step fwd right. ¼ pivot left.