

Shakin' All Over!

INTERMEDIATE

64 Count 4 Walls

Choreographed by: Peter Metelnick

Choreographed to: (You Make Me Feel) Groovy! by Glen Mitchell

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- Shake It To The Left, Shake It To The Right**
- 1 - 8 Step Left Foot To Left Side And Bump Hips Left 4x, Shift Weight To Right Foot And Bump Hips Right 4x
- Turn 1/4 L & Shuffle Forward, R Forward, 1/2 L Pivot Turn, Shuffle Forward, Stomp L 2x**
- 1 & 2 Turn 1/4 Left & Step Left Foot Forward, Step Right Foot Together, Step Left Foot Forward
3 - 4 Step Right Foot Forward, Pivot 1/2 Left (now Facing Right Wall)
5 & 6 Step Right Foot Forward, Step Left Foot Together, Step Right Foot Forward
7 - 8 Stomp Left Foot Together 2x Keeping Weight On Right Foot
- Sailor Shuffles With A Twist!**
- 1 & 2 Step Left Foot Behind Right, Step Right Foot To Right Side, Step Left Foot In Place
3 - 4 With Feet Apart Swivel Heels Left, Swivel Heels Right With Weight Ending On Left Foot
5 & 6 Step Right Foot Behind Left, Step Left Foot To Left Side, Step Right Foot In Place
7 - 8 With Feet Apart Swivel Heels Right, Swivel Heels Left Turning 1/4 Right With Weight Ending On Left Foot (will Now Be Facing Back Wall)
- Forward Shuffle, L Forward Turning 1/2 R, R Back, Shake It Back!**
- 1 & 2 Step Right Foot Forward, Step Left Foot Together, Step Right Foot Forward
3 - 4 Step Left Foot Forward Turning 1/2 Right, Step Right Foot Back (now Facing Front Wall)
5 - 8 Bump Right Hip Back 4x (weight Is On Right Foot)
Option (optional Styling For Counts 5-8: As You Shake It Back - Raise Your Right Arm & Circle It Around Ending Back Where You Started With Right Arm To Right Side.)
- Forward Shuffle, R Forward, 1/2 Left Pivot Turn, R Forward, Double Clap, L Forward, Single Clap**
- 1 & 2 Step Left Foot Forward, Step Right Foot Together, Step Left Foot Forward
3 - 4 Step Right Foot Forward, Pivot 1/2 Left (now Facing Back Wall)
5 & 6 Step Right Foot Forward, Clap 2x
7 - 8 Step Left Foot Forward, Clap
- R Forward, Double Clap, L Forward, Single Clap, Hitch-steps Back**
- 1 & 2 Step Right Foot Forward, Clap 2x
3 - 4 Step Left Foot Forward, Clap
& 5 & 6 Hitch Right Knee Up, Step Right Foot Back, Hitch Left Knee Up, Step Left Foot Back
& 7 & 8 Hitch Right Knee Up, Step Right Foot Back, Hitch Left Knee Up, Step Left Foot Back
Option (low Impact/or "just Too Darn Tired" Variation: 5-8 Step Back R, L, R, L)
- 1/2 R Monterey Turn & Double Clap, 1/4 R Monterey Turn & Clap**
- 1 - 2 Touch Right Toes To Right Side, Pivot 1/2 Right On Left Foot & Step Right Foot Together
3 - 4 Touch Left Toes To Left Side, Step Left Foot Together
5 - 6 Touch Right Toes To Right Side, Pivot 1/4 Right On Left Foot & Step Right Foot Together
7 - 8 Touch Left Toes To Left Side, Step Left Foot Together (will Now Be Facing Right Wall)
Note (you Can Add Claps To This Section, Clapping Hands While Doing Monterey Turns On Counts &2, 4, &6, 8)
- Heel Toe Swivels Travelling R (the Dwight), 1/2 R Monterey Turn Ending With L Knee Bent In Front Of R Leg**
- 1 - 4 With Weight On Left Foot Travel Right: Swivel Left Heel Right & Touch Right Toes Together, Swivel Left Toes Right & Touch Right Heel Together, Swivel Left Heel Right & Touch Right Toes Together, Swivel Left Toes Right & Touch Right Heel Together
5 - 8 Touch Right Toes To Right Side, Pivot 1/2 Right On Left Foot & Step Right Foot Together, Touch Left Toes To Left Side, Raise Left Leg Up Bending Left Knee In Front Of Right Leg (to Begin Again, Step Left Foot Down To Left Side So Feet Are Apart) (will Now