

Shake Senora

IMPROVER

32 Count 4 Walls

Choreographed by: Glynn

"Applejack" Rodgers & Glynn Rodgers

Choreographed to: Jump In The Line by Harry Belafonte

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- 1 - 8 Hip Bumps, Cross Rock, Chasse 1/4 Turn**
1 - 2 Bump hips right-left
3 & 4 Bump hips right-left-right
5 - 6 Cross rock left over right, recover weight onto right
7 & 8 Step left to left side, close right to left, turn 1/4 left stepping forward left
- 9 - 16 Mambo Forward, Mambo Back, Kick & Touch, Hip Bumps**
1 & 2 Rock forward right, recover weight onto left, step slightly back right
3 & 4 Rock back left, recover weight onto right, step slightly forward left
5 & 6 Kick right foot forward, step right beside left, touch left toe forward
& 7 Bump hips forward-back
& 8 Bump hips forward-back
- 17 - 24 Jazz Box 1/4 Turn, Side Steps and Touches**
1 - 2 Cross left over right, turn 1/4 left stepping back right
3 - 4 Step side left, touch right beside left
5 - 6 Step right to right side, touch left beside right
7 - 8 Step left to left side, touch right beside left
NOTE Add your own styling on counts 5-8, Body rolls, shimmey's, etc
- 25 - 32 Rock 1/4 Turn, Shuffle Forward, Rock Forward, Shuffle 1/2 Turn**
1 - 2 Rock right to right side, recover weight onto left turning 1/4 left
3 & 4 Step forward right, close left to right, step forward right
5 - 6 Rock forward left, recover weight onto right
7 & 8 Shuffle 1/2 turn left stepping left-right-left
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