

Shake Me

BEGINNER

32 Count 4 Walls

Choreographed by: Timothy Regester

Choreographed to: You Still Shake Me by Deana Carter

LEFT, HOLD, RIGHT, LEFT, SHUFFLE, ROCK, STEP

- 1 - 2 Step left, hold
- 3 - 4 Step right, step left
- 5 & 6 Shuffle right-left-right
- 7 - 8 Rock left, recover

1/2 TURN SHUFFLE, HOP, CLAP, SHAKE TWICE, TOUCH, HITCH

- 9 - 10 Shuffle back left-right-left making a 1/2 turn to the left
- & 11 - 12 & hop forward, clap
- 13 & 14 Shake your body (bring weight on left)
- 15 - 16 Touch right toe right, hitch right knee across left

STEP, KICK, TURN, KICK, STEP, HOLD, HIP ROLL

- 17 - 18 Step right 1/4 turn to the right, kick left
- 19 - 20 Step left 1/2 turn to the left, kick right
- 21 - 22 Step right beside left, hold
- 23 - 24 Roll your hips to the right

SHAKE TWICE, KICK-BALL-CROSS, SYNCOPATED TWINKLES TWICE

- 25 - 26 Shake your body (bring weight on right)
- 27 & 28 Kick left & down on left & cross right over left
- 29 & 30 Step slightly forward left & step right beside left
- & Cross left over right
- 31 & 32 Step slightly forward right & step left beside right
- & Cross right over left

REPEAT
