

Shake It**IMPROVER**

48 Count 4 Walls

Choreographed by: Sherrie Poppa

Choreographed to: Country Girl

(Shake It For Me) by Luke Bryan

ROCK STEP FORWARD, TRIPLE STEP, ROCK STEP BACK, TRIPLE STEP

- 1 - 2 - 3 & 4 Rock forward on RF, recover on LF, triple step back R,L,R
5 - 6 - 7 & 8 Rock backward on LF, recover on RF, triple step forward L,R,L

SIDE ROCK, COASTER STEP, BOTH SIDES

- 9 - 10 Side rock to right side on RF, recover on LF
11 & 12 Step back on RF, step LF next to RF, step forward on RF
13 - 14 Side rock to left side on LF, recover on RF
15 & 16 Step back on LF, step RF next to LF, step forward on RF

STEP 1/2 TURN PIVOT LEFT, TRIPLE FORWARD, ROCK STEP, 1/4 TURN LEFT TRIPLE STEP

- 17 - 18 Step forward on RF, pivot turn left 1/2 turn
19 & 20 Triple step forward, R,L,R
21 - 22 Rock forward on LF, recover on RF
23 & 24 Turning 1/4 turn left, triple step, L,R,L

ROCK FORWARD, TRIPLE STEP, ROCK BACK, TRIPLE STEP

- 25 - 26 Rock forward on RF, recover on LF
27 & 28 Triple step back, R,L,R
29 - 30 Rock back on LF, recover on RF
31 & 32 Triple step forward, L,R,L

HIP ROCKS, RIGHT AND LEFT

- 33 - 34 Step slightly forward on RF while rocking right hip forward, rock left hip back
35 & 36 Rock right hip, forward, back, forward
37 - 38 Rock left hip back, rock right hip forward
39 - 40 Rock left hip, back, forward, back

HIP ROCKS, RIGHT AND LEFT

- 41 - 42 Repeat steps 33-34
43 & 44 Repeat steps 35&36
45 - 46 Repeat steps 37-38
47 & 48 Repeat steps 39&40

START OVER