

Shackles**IMPROVER**

32 Count 2 Walls

Choreographed by: Peter McCreery

Choreographed to: Shackles by Mary Mary

Slide, Rock Step, Two 1/2 Turns

- 1 Slide Right Foot To Right Side
- 2 Slide Left Foot Beside Right (keep Weight On Right)
- 3 Rock Back On Left Foot
- 4 Rock Forward Onto Right Foot
- 5 Step Left Foot Forward
- 6 1/2 Turn To The Right
- 7 - 8 Repeat Steps 5-6

Rock Step, Coaster Step, Two 1/2 Turns

- 9 Rock Forward On Left Foot
- 10 Rock Back Onto Right Foot
- 11 & 12 Coaster Step; Left, Right, Left
- 13 Step Forward Right
- 14 1/2 Turn To The Left
- 15 - 16 Repeat Steps 13-14

Walk Forward & Back, Slide, Coaster Cross

- 17 Walk Forward On Right Foot
- 18 Walk Forward On Left Foot
- 19 Walk Back On Right Foot
- 20 Walk Back On Left Foot
- 21 Slide Back On Right Foot
- 22 Slide Left Foot Together
- 23 & 24 Step Back Left, Step Right Together, Cross Left Over Right

Grapevine With 1/2 Turn, Side Rock, Cross Shuffle

- 25 Step Right Foot To Right Side
- 26 Cross Left Foot Behind Right
- 27 Step Right Foot To Right Side Doing A 1/4 Turn To The Right
- 28 Hitch Left Foot Doing 1/4 Turn To The Right
- 29 Rock Onto Left Foot (on The Left Side)
- 30 Rock Back Onto Right Foot
- 31 & 32 Cross Left Over Right, Step Right To Right Side, Cross Left Over Right